

Individual Best Times (All Time)

Isabel Harry - (953523) - Teddington SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:00.58	413	F	10/07/16	Black Swan Summer Open Meet	Walton on Thames	Staines	3
3:02.26	402	H	04/12/16	Swim Wales Short Course Championships	Swansea	Staines	2
3:04.62	387	F	26/02/17	Black Swan B-C Grade Meet 2017	Walton on Thames	Staines	3
3:05.49	381	F	24/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	Staines	3
3:06.41	376	H	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Staines	2
3:08.46	364	F	01/04/17	Black Swan Regional Qualifier Meet 2017	Elmbridge Xcel	Staines	3
3:13.23	337	F	13/04/19	Black Swan Regional Qualifier Meet 2019	Elmbridge Xcel	Staines	3
3:14.94	328	F	24/06/18	Staines Club Championships 2018	Spelthorne LC	Staines	4
3:16.14	322	H	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	Staines	3
3:17.78	314	F	17/10/15	Staines Club Championships 2015	Spelthorne	Staines	4
3:18.73	310	F	08/11/15	City of Cardiff Welsh Capital Open Meet	Cardiff	Staines	2
3:19.42	307	F	22/11/15	Black Swan Winter Open Meet 2015	Walton-on-Thames	Staines	3
3:20.66	301	F	26/11/17	Black Swan County Qualifier Meet 2017	Walton On Thames	Staines	3
3:26.89	275	F	08/03/15	BHSC John Basford Memorial Trophy	Barnet	Staines	3
3:27.01	274	F	11/01/15	Black Swan County Qualifier Meet	Walton-on-Thames	Staines	3
3:34.84	245	F	23/11/14	Staines Club Championships	Staines		4
3:37.94	235	F	19/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
3:45.70	211	F	12/07/14	Staines SC Black Swan Summer Meet	Staines		3
3:47.52	206	F	01/03/14	MCASA Bagcat & Youth Competitions 2014	Enfield	Staines	2
3:50.13	199	F	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Staines	3
4:00.79	174	F	20/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Staines	3
4:09.21	157	F	24/09/13	Staines Club Championships	Elmbridge	Staines	4
4:10.09	155	F	13/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3
4:40.10	110	F	13/01/13	Staines SC Black Swan County Qualifier	Staines	Staines	3
4:44.82	105	F	25/11/12	Staines Black Swan Winter Meet	Staines	Staines	3
4:52.26	97	F	20/01/13	Staines Club Championships	Staines	Staines	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:13.23	337	F	13/04/19	Black Swan Regional Qualifier Meet 2019	Elmbridge Xcel	Staines	3
3:14.94	328	F	24/06/18	Staines Club Championships 2018	Spelthorne LC	Staines	4
3:05.49	381	F	24/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	Staines	3
3:20.66	301	F	26/11/17	Black Swan County Qualifier Meet 2017	Walton On Thames	Staines	3
3:16.14	322	H	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	Staines	3
3:08.46	364	F	01/04/17	Black Swan Regional Qualifier Meet 2017	Elmbridge Xcel	Staines	3
3:04.62	387	F	26/02/17	Black Swan B-C Grade Meet 2017	Walton on Thames	Staines	3
3:02.26	402	H	04/12/16	Swim Wales Short Course Championships	Swansea	Staines	2
3:06.41	376	H	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Staines	2
3:00.58	413	F	10/07/16	Black Swan Summer Open Meet	Walton on Thames	Staines	3
3:19.42	307	F	22/11/15	Black Swan Winter Open Meet 2015	Walton-on-Thames	Staines	3
3:18.73	310	F	08/11/15	City of Cardiff Welsh Capital Open Meet	Cardiff	Staines	2
3:17.78	314	F	17/10/15	Staines Club Championships 2015	Spelthorne	Staines	4
3:26.89	275	F	08/03/15	BHSC John Basford Memorial Trophy	Barnet	Staines	3
3:27.01	274	F	11/01/15	Black Swan County Qualifier Meet	Walton-on-Thames	Staines	3
3:34.84	245	F	23/11/14	Staines Club Championships	Staines		4
3:37.94	235	F	19/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
3:45.70	211	F	12/07/14	Staines SC Black Swan Summer Meet	Staines		3
3:47.52	206	F	01/03/14	MCASA Bagcat & Youth Competitions 2014	Enfield	Staines	2
3:50.13	199	F	19/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Staines	3
4:00.79	174	F	20/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Staines	3
4:09.21	157	F	24/09/13	Staines Club Championships	Elmbridge	Staines	4
4:10.09	155	F	13/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3
4:52.26	97	F	20/01/13	Staines Club Championships	Staines	Staines	4
4:40.10	110	F	13/01/13	Staines SC Black Swan County Qualifier	Staines	Staines	3
4:44.82	105	F	25/11/12	Staines Black Swan Winter Meet	Staines	Staines	3