

Individual Best Times (All Time)

Isabel Harry - (953523) - Teddington SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:43.93	540	F	16/06/18	Staines Club Championships 2018	Spelthorne LC	Staines	4
4:45.92	529	F	10/03/19	Hart Sprint Level 3 Open Meet 2019	Hart LC	Staines	3
4:48.15	517	F	28/10/18	Hart SC Autumn Level 3 Open Meet 2018	Hart	Staines	3
4:50.66	503	F	17/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Staines	3
4:52.53	494	F	08/11/16	Staines Club Championships	Staines	Staines	4
4:55.39	480	F	07/10/17	Maxwell October Meet	Aylesbury	Staines	3
4:56.25	475	F	31/01/16	MCASA County Championships 2016	Barnet	Staines	2
5:04.89	436	F	14/03/15	MCASA Spring Development Meet	Enfield	Staines	3
5:10.27	414	F	03/04/16	Hatfield Spring Gala	Hatfield	Staines	3
5:16.19	391	F	11/10/15	Stanes Club Championships 2015	Englesfield	Staines	4
5:43.63	304	F	05/10/14	Staines Club Championships	Staines		4
5:45.16	300	F	15/03/14	Middlesex County Championships	Enfield	Staines	2
5:49.77	289	H	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	Staines	3
6:17.47	230	F	04/11/13	Staines SC Club Championships	Staines	Staines	4

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