

# Individual Best Times (All Time)

Isabel Harry - (953523) - Teddington SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:25.16	550	F	03/12/17	BHSC Christmas Cracker County Qualifier 2017	Hendon	Staines	3
2:25.56	545	F	24/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	Staines	3
2:31.56	483	F	17/06/18	Staines Club Championships 2018	Spelthorne LC	Staines	4
2:31.58	483	H	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Staines	2
2:32.52	474	F	16/04/16	Staines Black Swan Regional Qualifier 2016	Walton-on-Thames	Staines	3
2:33.24	467	F	10/03/19	Hart Sprint Level 3 Open Meet 2019	Hart LC	Staines	3
2:35.61	446	F	26/04/15	CO Milton Keynes Annual Spring Open Meet	Milton Keynes	Staines	3
2:36.00	443	F	03/04/16	Hatfield Spring Gala	Hatfield	Staines	3
2:36.25	441	F	07/03/15	BHSC John Basford Memorial Trophy	Barnet	Staines	3
2:38.26	424	F	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	Staines	2
2:39.50	414	F	17/10/15	Staines Club Championships 2015	Spelthorne	Staines	4
2:40.37	407	F	20/01/15	Middlesex County Championships 2015	Hendon	Staines	2
2:42.97	388	F	24/01/16	MCASA County Championships 2016	Barnet	Staines	2
2:56.46	306	H	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Staines	3
2:59.40	291	F	16/11/14	Staines Club Championships	Staines		4
3:00.05	288	F	23/03/14	Middlesex County Championships	Enfield	Staines	2
3:00.05	288	F	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
3:11.47	239	F	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Staines	3
3:12.17	237	F	17/11/13	Middlesex ASA Winter Development Meet	Enfield	Staines	3
3:15.93	223	F	25/09/13	Staines Club Championships	Elmbridge	Staines	4
3:19.69	211	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Staines	3
3:21.47	205	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Staines	3
3:48.83	140	F	12/01/13	Staines SC Black Swan County Qualifier	Staines	Staines	3
4:00.91	120	F	24/11/12	Staines Black Swan Winter Meet	Staines	Staines	3

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