

# Individual Best Times (All Time)

James Arnold - (950756) - Havant & Waterlooville SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet   | Venue         | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 5:09.64 | 436    | H     | 19/10/18 | Havant & Waterlooville Club Championships 2018 | Waterlooville | Havant & Wat    | 4     |
| 5:15.19 | 413    | H     | 15/10/17 | Havent & Waterlooville Club Champs 2017        | Waterlooville | Havant & Wat    | 4     |
| 5:35.40 | 343    | H     | 21/10/16 | Havant & Waterlooville Club Championships      | Waterlooville | Havant & Wat    | 4     |
| 5:42.30 | 322    |       | 28/11/15 | Swim Bournemouth Winter Short Course L2 Meet   | Littledown    | Havant & Wat    | 2     |
| 5:48.82 | 305    | H     | 23/10/15 | Havant & Waterlooville Club Championships      | Waterlooville | Havant & Wat    | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet   | Venue         | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 5:09.64 | 436    | H     | 19/10/18 | Havant & Waterlooville Club Championships 2018 | Waterlooville | Havant & Wat    | 4     |
| 5:15.19 | 413    | H     | 15/10/17 | Havent & Waterlooville Club Champs 2017        | Waterlooville | Havant & Wat    | 4     |
| 5:35.40 | 343    | H     | 21/10/16 | Havant & Waterlooville Club Championships      | Waterlooville | Havant & Wat    | 4     |
| 5:42.30 | 322    |       | 28/11/15 | Swim Bournemouth Winter Short Course L2 Meet   | Littledown    | Havant & Wat    | 2     |
| 5:48.82 | 305    | H     | 23/10/15 | Havant & Waterlooville Club Championships      | Waterlooville | Havant & Wat    | 4     |