## **Individual Best Times (All Time)**

John Jacob Conaghan - (950115) - City Of Glasgow Swim Team - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.95	331	F	11/02/17	Bellshill Sharks Open Meet 2017	Glasgow	Co Glasgow	2
32.02	329	Н	11/02/17	Bellshill Sharks Open Meet 2017	Glasgow	Co Glasgow	2
32.36	318	F	07/01/17	FIRST Annual Open Meet 2017	Bathgate	Co Glasgow	2
33.47	288	Н	28/08/16	2016 SASA West District SR Champs	Glasgow	Co Glasgow	1
34.84	255	Н	30/08/15	SASA West District SR Championships	Ayr	Co Glasgow	1
35.52	241	F	30/05/15	Rascals Graded Meet 2015	Bellshill	Co Glasgow	2
35.89	233	F	26/09/15	Stirling Autumn Meet	Stirling	Co Glasgow	2
36.81	216	Н	14/02/15	Sharks Open Meet	Bellshill	Co Glasgow	2
38.79	185	F	20/09/14	Stirling Autumn Meet	Stirling	Co Glasgow	2

## Swims in Date Order

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