

Individual Best Times (All Time)

John Jacob Conaghan - (950115) - City Of Glasgow Swim Team - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.97	417	H	05/11/17	REN96 Open Meet	Linwood	Co Glasgow	2
27.17	408	H	12/02/17	Bellshill Sharks Open Meet 2017	Glasgow	Co Glasgow	2
27.22	406	F	23/04/17	SAST Open Age Group Meet 2017	South Ayrshire	Co Glasgow	2
27.24	405	H	23/04/17	SAST Open Age Group Meet 2017	South Ayrshire	Co Glasgow	2
27.38	399	F	12/02/17	Bellshill Sharks Open Meet 2017	Glasgow	Co Glasgow	2
28.06	370	H	06/11/16	Ren 96 Open Meet	Linwood	Co Glasgow	2
28.11	368	F	08/01/17	FIRST Annual Open Meet 2017	Bathgate	Co Glasgow	2
28.62	349	H	27/08/16	2016 SASA West District SR Champs	Glasgow	Co Glasgow	1
29.07	333	H	14/02/16	Sharks Open Meet	Bellshill	Co Glasgow	1
29.46	320	H	24/04/16	SAST Open Age Group Meet	Ayr	Co Glasgow	2
29.76	310	F	26/09/15	Stirling Autumn Meet	Stirling	Co Glasgow	2
30.56	287	H	26/04/15	South Ayrshire Open Meet	South Ayrshire	Co Glasgow	2
30.78	280	F	31/05/15	Rascals Graded Meet 2015	Bellshill	Co Glasgow	2
30.78	280	F	31/05/15	Rutherglen Rascals Graded Meet	Bellshill	Co Glasgow	2
31.24	268	F	29/11/14	Cumbernauld Winter Open Meet	Cumbernauld	Co Glasgow	2
31.49	262	H	15/02/15	Sharks Open Meet	Bellshill	Co Glasgow	2
31.69	257	H	29/11/14	Cumbernauld Winter Open Meet	Cumbernauld	Co Glasgow	2
34.14	205	F	20/09/14	Stirling Autumn Meet	Stirling	Co Glasgow	2

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