

Individual Best Times (All Time)

Ross Erentz - (948719) - South Ayrshire ASC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.84	517	F	18/12/21	National Leagues	Glasgow		2
1:09.06	512	F	08/02/20	Bellshill Sharks Open Meet 2020	Bellshill	Sth Ayrshire	2
1:09.53	502	F	07/11/21	2021 SS West District SC "Time Trials 1" Meet	DG1 Centre,Dumfries		2
1:10.58	480	F	05/10/19	Clyde Coast Winter Championships	Clyde	Sth Ayrshire	2
1:10.84	475	F	14/11/20	Tighinn Comhla	Various - Round 1		0
1:10.97	472	F	08/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	Sth Ayrshire	2
1:11.22	467	F	16/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	Sth Ayrshire	2
1:11.55	461	F	24/11/19	Dumfries ASC Advent Open 2019	Dumfries	Sth Ayrshire	2
1:12.78	438	F	26/06/21	Tighinn Comhla	Various		0
1:13.90	418	F	22/12/19	SAST Open Age Group Meet 2019	Ayr	Sth Ayrshire	2
1:14.83	403	H	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	Sth Ayrshire	2
1:15.24	396	F	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	Sth Ayrshire	2
1:15.68	389	F	17/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	Sth Ayrshire	2
1:15.99	384	F	30/09/17	Clyde Coast Winter League	Ayr	Sth Ayrshire	2
1:16.26	380	F	09/06/18	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	Sth Ayrshire	2
1:16.71	374	H	04/11/17	REN96 Open Meet	Linwood	Sth Ayrshire	2
1:17.38	364	F	16/12/17	Cumbernauld Christmas Sprints 2017	Cumbernauld	Sth Ayrshire	2
1:20.71	321	F	11/06/17	Cumbernauld Age Group & Senior Meet	Cumbernauld	Sth Ayrshire	2
1:24.89	276	F	18/03/17	REN96 Graded Meet	Linwood	Sth Ayrshire	2
1:25.54	269	F	18/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Sth Ayrshire	2
1:35.45	194	H	16/11/14	West District SC JAG Championships	Cumbernauld	Sth Ayrshire	1
1:37.35	183	F	02/05/15	North Ayrshire Junior Meet	Auchenharvie	Sth Ayrshire	2
1:41.51	161	F	20/09/14	North Ayrshire Development Meet	Auchenharvie	Sth Ayrshire	2
1:41.62	160	H	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Sth Ayrshire	2
1:42.09	158	F	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	Sth Ayrshire	2
1:42.47	157	F	15/02/14	Belshill Sharks Open Meet 2014	Belshill	Sth Ayrshire	2

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