

Individual Best Times (All Time)

Ross Erentz - (948719) - South Ayrshire ASC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
52.73	614	F	18/12/21	National Leagues	Glasgow		2
54.08	570	F	20/11/21	2021 SS West District SC "Time Trials 2" Meet	Tollcross, Glasgow		2
54.54	555	H	13/12/19	Scottish National Short Course Championships	Edinburgh	Sth Ayrshire	2
55.33	532	F	21/09/19	Scottish National Team Championships	Glasgow	Sth Ayrshire	2
55.80	518	F	08/02/20	Bellshill Sharks Open Meet 2020	Bellshill	Sth Ayrshire	2
55.83	518	F	21/12/19	SAST Open Age Group Meet 2019	Ayr	Sth Ayrshire	2
55.89	516	F	08/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	Sth Ayrshire	2
55.93	515	F	17/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	Sth Ayrshire	2
57.00	486	F	14/11/20	Tighinn Comhla	Various - Round 1		0
59.52	427	F	09/06/18	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	Sth Ayrshire	2
59.97	418	H	20/01/18	SAST Open Age Group Meet 2018	Ayr	Sth Ayrshire	2
1:00.39	409	F	18/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	Sth Ayrshire	2
1:00.49	407	F	16/12/17	Cumbernauld Christmas Sprints 2017	Cumbernauld	Sth Ayrshire	2
1:00.66	403	F	23/06/18	Sharks Summer Splash 2018	Sir Matt Busby	Sth Ayrshire	2
1:01.51	387	F	20/01/18	SAST Open Age Group Meet 2018	Ayr	Sth Ayrshire	2
1:02.07	377	H	22/04/17	SAST Open Age Group Meet 2017	South Ayrshire	Sth Ayrshire	2
1:02.79	364	F	11/06/17	Cumbernauld Age Group & Senior Meet	Cumbernauld	Sth Ayrshire	2
1:03.02	360	F	19/03/17	REN96 Graded Meet	Linwood	Sth Ayrshire	2
1:04.74	332	F	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Sth Ayrshire	2
1:05.50	320	H	12/11/16	2016 SASA West District SC JAG Championship	Cumbernauld	Sth Ayrshire	1
1:05.76	317	F	24/04/16	SAST Open Age Group Meet	Ayr	Sth Ayrshire	2
1:05.80	316	H	05/11/16	Ren 96 Open Meet	Linwood	Sth Ayrshire	2
1:06.20	310	F	13/02/16	Sharks Open Meet	Bellshill	Sth Ayrshire	1
1:06.29	309	F	11/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	Sth Ayrshire	2
1:06.32	309	H	24/04/16	SAST Open Age Group Meet	Ayr	Sth Ayrshire	2
1:06.51	306	H	14/11/15	SASA West District JAG Championships	Cumbernauld		1
1:06.18	284	F	14/11/15	SASA West District JAG Championships	Cumbernauld	Sth Ayrshire	1

1:06.16	204	F	14/11/15	SASA West District JAG Championships	Cumbernauld	Sth Ayrshire	1
1:08.38	281	F	13/06/15	Open Age Group and Senior Meet 2015	Glasgow	Sth Ayrshire	2
1:08.82	276	F	03/05/15	North Ayrshire Junior Meet	Auchenharvie	Sth Ayrshire	2
1:09.18	272	F	22/03/15	REN96 Graded Meet	Linwood	Sth Ayrshire	2
1:13.01	231	H	15/11/14	West District SC JAG Championships	Cumbernauld	Sth Ayrshire	1
1:14.32	219	F	21/09/14	North Ayrshire Development Meet	Auchenharvie	Sth Ayrshire	2
1:17.07	196	F	15/02/14	Belshill Sharks Open Meet 2014	Belshill	Sth Ayrshire	2
1:18.45	186	F	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	Sth Ayrshire	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
52.73	614	F	18/12/21	National Leagues	Glasgow		2
54.08	570	F	20/11/21	2021 SS West District SC "Time Trials 2" Meet	Tollcross, Glasgow		2
57.00	486	F	14/11/20	Tighinn Comhla	Various - Round 1		0
55.80	518	F	08/02/20	Bellshill Sharks Open Meet 2020	Bellshill	Sth Ayrshire	2
55.83	518	F	21/12/19	SAST Open Age Group Meet 2019	Ayr	Sth Ayrshire	2
54.54	555	H	13/12/19	Scottish National Short Course Championships	Edinburgh	Sth Ayrshire	2
55.33	532	F	21/09/19	Scottish National Team Championships	Glasgow	Sth Ayrshire	2
55.89	516	F	08/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	Sth Ayrshire	2
55.93	515	F	17/02/19	Carnegie Open Spring Meet 2019	Michael Woods Centre	Sth Ayrshire	2
1:00.66	403	F	23/06/18	Sharks Summer Splash 2018	Sir Matt Busby	Sth Ayrshire	2
59.52	427	F	09/06/18	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	Sth Ayrshire	2
1:00.39	409	F	18/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	Sth Ayrshire	2
1:01.51	387	F	20/01/18	SAST Open Age Group Meet 2018	Ayr	Sth Ayrshire	2
59.97	418	H	20/01/18	SAST Open Age Group Meet 2018	Ayr	Sth Ayrshire	2
1:00.49	407	F	16/12/17	Cumbernauld Christmas Sprints 2017	Cumbernauld	Sth Ayrshire	2
1:02.79	364	F	11/06/17	Cumbernauld Age Group & Senior Meet	Cumbernauld	Sth Ayrshire	2
1:02.07	377	H	22/04/17	SAST Open Age Group Meet 2017	South Ayrshire	Sth Ayrshire	2
1:03.02	360	F	19/03/17	REN96 Graded Meet	Linwood	Sth Ayrshire	2
1:04.74	332	F	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Sth Ayrshire	2
1:05.50	320	H	12/11/16	2016 SASA West District SC JAG Championship	Cumbernauld	Sth Ayrshire	1
1:05.80	316	H	05/11/16	Ren 96 Open Meet	Linwood	Sth Ayrshire	2
1:06.29	309	F	11/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	Sth Ayrshire	2
1:05.76	317	F	24/04/16	SAST Open Age Group Meet	Ayr	Sth Ayrshire	2
1:06.32	309	H	24/04/16	SAST Open Age Group Meet	Ayr	Sth Ayrshire	2
1:06.20	310	F	13/02/16	Sharks Open Meet	Bellshill	Sth Ayrshire	1
1:08.18	284	F	14/11/15	SASA West District JAG Championships	Cumbernauld	Sth Ayrshire	1
1:06.51	306	H	14/11/15	SASA West District JAG Championships	Cumbernauld		1
1:08.38	281	F	13/06/15	Open Age Group and Senior Meet 2015	Glasgow	Sth Ayrshire	2
1:08.82	276	F	03/05/15	North Ayrshire Junior Meet	Auchenharvie	Sth Ayrshire	2
1:09.18	272	F	22/03/15	REN96 Graded Meet	Linwood	Sth Ayrshire	2
1:13.01	231	H	15/11/14	West District SC JAG Championships	Cumbernauld	Sth Ayrshire	1
1:14.32	219	F	21/09/14	North Ayrshire Development Meet	Auchenharvie	Sth Ayrshire	2
1:18.45	186	F	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	Sth Ayrshire	2
1:17.07	196	F	15/02/14	Belshill Sharks Open Meet 2014	Belshill	Sth Ayrshire	2