

Individual Best Times (All Time)

Jessica Riach - (948595) - Ythan ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.85	454	F	26/11/17	ND Age Group Meet 2017	Inverness	Broch	2
5:05.33	434	F	10/09/17	Cults Otters ASC Challenge Trophy 2017	Aberdeen	Broch	2
5:06.28	430	F	19/05/18	Neasca Age Groups 2018	Fraserburgh	Broch	2
5:09.66	416	F	07/10/17	SASA ND Meet	Fraserburgh	Broch	2
5:09.70	416	F	25/06/17	ND Development Meet 2017	Inverness	Broch	2
5:12.84	404	F	23/06/18	ND Development Meet 2018	Inverness	Broch	2
5:15.07	395	F	27/11/16	North District Age Group Meet 2016	Inverness	Broch	2
5:16.15	391	F	05/05/18	Westhill Invitational Meet 2018	Westhill	Broch	2
5:16.51	390	F	21/01/17	Garioch Mix Up Meet 2017	Garioch	Broch	2
5:19.29	380	F	15/01/17	SAS Junior Meet 2017	Westhill	Broch	2
5:24.28	362	F	20/01/18	Garioch Mix Up Meet 2018	Inverurie	Broch	2
5:27.61	351	F	11/09/16	Cults Otters Challenge Trophy 2016	Aberdeen	Broch	2
5:28.21	350	F	21/05/16	NEASCA Age Groups 2016	Fraserburgh		2
5:29.02	347	F	01/10/16	ND Distance Meet	Fraserburgh	Broch	2
6:09.29	245	F	06/09/15	Cults Otters Challenge Trophy	Aberdeen		2
6:18.88	227	F	23/05/15	NEASCA Age Group Championships	Fraserburgh		2

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