

Individual Best Times (All Time)

Jessica Riach - (948595) - Ythan ASC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:36.02	457	F	25/11/17	ND Age Group Meet 2017	Inverness	Broch	2
5:38.12	449	F	08/10/17	SASA ND Meet	Fraserburgh	Broch	2
5:39.79	442	F	04/11/18	North District Open Championships 2018	Aberdeen	Elgin	2
5:40.90	438	F	14/04/19	Buckie Age Groups 2019	Buckie	Elgin	2
5:43.59	428	F	14/10/17	Garioch ASC G200 2017	Inverurie	Broch	2
5:44.75	423	F	20/05/17	NEASCA Age Group Championships 2017	Fraserburgh	Broch	2
5:48.56	409	F	21/01/18	Garioch Mix Up Meet 2018	Inverurie	Broch	2
5:49.38	407	F	22/01/17	Garioch Mix Up Meet 2017	Garioch	Broch	2
5:51.95	398	F	15/01/17	SAS Junior Meet 2017	Westhill	Broch	2
5:56.91	381	F	24/06/18	ND Development Meet 2018	Inverness	Broch	2
5:57.01	381	F	26/11/16	North District Age Group Meet 2016	Inverness	Broch	2
6:04.59	358	F	02/10/16	ND Distance Meet	Fraserburgh	Broch	2
6:09.79	343	F	25/06/16	North District Development Meets	Inverness		2
6:18.58	319	F	14/02/16	Elgin Spring Meet	Buckie		2
6:24.23	306	F	17/01/16	SAS Junior Meet 2016	Westhill		2
6:28.52	296	F	23/01/16	SASA North District Age Group Meet 2016	Inverness		2
6:48.56	254	F	20/06/15	SASA North District Development Meet 2015	Inverness		1

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