

Individual Best Times (All Time)

Elle Sutherland - (946306) - Westhill District ASC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:52.53	474	F	12/03/17	SAS Time Trial March 2017	Aberdeen	South Aberde	2
2:53.10	469	F	18/02/17	PASC GRADED AGE GROUP MEET 2017	Peterhead	Upper Deesid	2
2:55.48	450	F	26/11/16	North District Age Group Meet 2016	Inverness	Upper Deesid	2
2:55.98	447	H	10/12/17	Scottish National Short Course Open Champs	Edinburgh	South Aberde	2
2:56.02	446	F	14/01/17	SAS Junior Meet 2017	Westhill	South Aberde	2
2:56.98	439	F	25/06/16	North District Development Meets	Inverness	Upper Deesid	2
3:00.09	417	F	24/04/16	Alford Otters 4th 200 Meet	Fraserburgh	Upper Deesid	2
3:01.19	409	F	19/11/16	Upper Deeside Challenge 2016	Aberdeen	Upper Deesid	2
3:01.50	407	F	14/05/17	SAS Time Trial May 2017	Aberdeen	Upper Deesid	2
3:03.44	394	F	14/02/16	Elgin Spring Meet	Buckie	Upper Deesid	2
3:06.32	376	F	24/11/15	Scottish Schools Heats	Aberdeen		2
3:07.41	370	F	23/01/16	SASA North District Age Group Meet 2016	Inverness	Upper Deesid	2
3:10.01	355	F	24/10/15	DCA Autumn Open Meet	Dundee	South Aberde	2
3:12.21	343	F	09/05/15	Westhill Invitational Meet	Westhill	Upper Deesid	2
3:12.28	342	F	21/11/15	Upper Deeside Challenge 201	Deeside	Upper Deesid	2
3:13.68	335	F	12/09/15	Garioch G200 2015	Garioch	Upper Deesid	2
3:14.06	333	F	26/04/15	Alford Otters 3rd 200 Meet	Fraserburgh	Upper Deesid	2
3:14.25	332	F	20/06/15	SASA North District Development Meet 2015	Inverness	Upper Deesid	1
3:15.16	327	F	16/01/16	SAS Junior Meet 2016	Westhill	South Aberde	2
3:15.33	326	F	15/02/15	Elgin ASC Spring Meet	Buckie	South Aberde	2
3:16.58	320	F	15/06/14	North District Development Meet	Inverness	Upper Deesid	1
3:17.96	314	F	30/11/14	SASA North District Age Group Meet	Inverness	Upper Deesid	1
3:18.66	310	F	22/11/14	Upper Deeside Challenge	Aboyne	Upper Deesid	2
3:18.91	309	F	25/11/14	Scottish Schools Heats Aberdeen 2014	Aberdeen		2
3:20.23	303	F	10/01/15	SAS Junior Meet	Westhill	South Aberde	2
3:21.95	295	F	15/02/14	2014 Elgin Spring Meet	Buckie	Upper Deesid	2
3:21.97	295	F	22/02/14	SASA North District Age Group Champs	Fraserburgh	Upper Deesid	1

3:21.97	299	F	22/03/14	SASA North District Age Group Champs	Fraserburgh	Upper Deesid	1
3:23.44	289		18/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Upper Deesid	2
3:25.97	278	F	01/12/13	SASA North District Age Group Meet	Inverness	Upper Deesid	1
3:26.44	276	F	27/04/14	Alford Otters 2nd 200 Meet	Fraserburgh	Upper Deesid	2
3:31.60	257		23/11/13	Upper Deeside Challenge 2013	Deeside	Upper Deesid	2
3:32.96	252	F	02/06/13	SASA North District Development Meet	Westhill	Upper Deesid	1
3:37.28	237		16/02/13	2013 Elgin Spring Meet	Buckie	Upper Deesid	2
3:42.75	220	F	28/04/13	Alford Otters ASC 1st 200 Meet	Fraserburgh	Upper Deesid	2
3:42.99	219		22/09/12	2012 Stirling Autumn Meet	Stirling	Upper Deesid	2
3:43.45	218	F	22/12/12	Carnegie Open Winter Meet	Dunfermline	Upper Deesid	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:55.98	447	H	10/12/17	Scottish National Short Course Open Champs	Edinburgh	South Aberde	2
3:01.50	407	F	14/05/17	SAS Time Trial May 2017	Aberdeen	Upper Deesid	2
2:52.53	474	F	12/03/17	SAS Time Trial March 2017	Aberdeen	South Aberde	2
2:53.10	469	F	18/02/17	PASC GRADED AGE GROUP MEET 2017	Peterhead	Upper Deesid	2
2:56.02	446	F	14/01/17	SAS Junior Meet 2017	Westhill	South Aberde	2
2:55.48	450	F	26/11/16	North District Age Group Meet 2016	Inverness	Upper Deesid	2
3:01.19	409	F	19/11/16	Upper Deeside Challenge 2016	Aberdeen	Upper Deesid	2
2:56.98	439	F	25/06/16	North District Development Meets	Inverness	Upper Deesid	2
3:00.09	417	F	24/04/16	Alford Otters 4th 200 Meet	Fraserburgh	Upper Deesid	2
3:03.44	394	F	14/02/16	Elgin Spring Meet	Buckie	Upper Deesid	2
3:07.41	370	F	23/01/16	SASA North District Age Group Meet 2016	Inverness	Upper Deesid	2
3:15.16	327	F	16/01/16	SAS Junior Meet 2016	Westhill	South Aberde	2
3:06.32	376	F	24/11/15	Scottish Schools Heats	Aberdeen		2
3:12.28	342	F	21/11/15	Upper Deeside Challenge 201	Deeside	Upper Deesid	2
3:10.01	355	F	24/10/15	DCA Autumn Open Meet	Dundee	South Aberde	2
3:13.68	335	F	12/09/15	Garioch G200 2015	Garioch	Upper Deesid	2
3:14.25	332	F	20/06/15	SASA North District Development Meet 2015	Inverness	Upper Deesid	1
3:12.21	343	F	09/05/15	Westhill Invitational Meet	Westhill	Upper Deesid	2
3:14.06	333	F	26/04/15	Alford Otters 3rd 200 Meet	Fraserburgh	Upper Deesid	2
3:15.33	326	F	15/02/15	Elgin ASC Spring Meet	Buckie	South Aberde	2
3:20.23	303	F	10/01/15	SAS Junior Meet	Westhill	South Aberde	2
3:17.96	314	F	30/11/14	SASA North District Age Group Meet	Inverness	Upper Deesid	1
3:18.91	309	F	25/11/14	Scottish Schools Heats Aberdeen 2014	Aberdeen		2
3:18.66	310	F	22/11/14	Upper Deeside Challenge	Aboyne	Upper Deesid	2
3:16.58	320	F	15/06/14	North District Development Meet	Inverness	Upper Deesid	1
3:23.44	289		18/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Upper Deesid	2
3:26.44	276	F	27/04/14	Alford Otters 2nd 200 Meet	Fraserburgh	Upper Deesid	2
3:21.97	295	F	22/03/14	SASA North District Age Group Champs	Fraserburgh	Upper Deesid	1
3:21.95	295	F	15/02/14	2014 Elgin Spring Meet	Buckie	Upper Deesid	2
3:25.97	278	F	01/12/13	SASA North District Age Group Meet	Inverness	Upper Deesid	1
3:31.60	257		23/11/13	Upper Deeside Challenge 2013	Deeside	Upper Deesid	2
3:32.96	252	F	02/06/13	SASA North District Development Meet	Westhill	Upper Deesid	1
3:42.75	220	F	28/04/13	Alford Otters ASC 1st 200 Meet	Fraserburgh	Upper Deesid	2
3:37.28	237		16/02/13	2013 Elgin Spring Meet	Buckie	Upper Deesid	2
3:43.45	218	F	22/12/12	Carnegie Open Winter Meet	Dunfermline	Upper Deesid	2
3:42.99	219		22/09/12	2012 Stirling Autumn Meet	Stirling	Upper Deesid	2