

# Individual Best Times (All Time)

Elle Sutherland - (946306) - Westhill District ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.44	555	F	04/05/19	Westhill Invitational Meet 2019	Westhill	Westhill	2
4:43.48	543	H	10/11/19	North District Open Championships 2019	Aberdeen	South Aberde	2
4:45.52	531	F	25/08/19	SAS Time Trial August 2019	Westhill	Westhill	2
4:45.54	531	F	06/10/18	ND Distance Meet	Fraserburgh	Westhill	2
4:45.67	530	F	27/10/18	DCA Autumn Open Meet	Dundee	South Aberde	2
4:47.32	521	F	05/10/19	SASA North District Distance Meet	Fraserburgh	Westhill	2
4:51.36	500	F	12/02/17	SAS Time Trial	Aberdeen	South Aberde	2
4:52.30	495	F	05/05/18	Westhill Invitational Meet 2018	Westhill	Westhill	2
4:52.37	495	F	06/05/17	Westhill Invitational Meet 2017	Westhill	Upper Deesid	2
4:52.61	493	F	29/10/16	DCA Autumn Meet	Dundee	South Aberde	2
4:53.40	489	F	17/09/17	SAS Time Triald	Aberdeen	South Aberde	2
4:54.08	486	F	07/05/16	Westhill Invitational Meet	Westhill	Upper Deesid	2
4:54.08	486	F	07/05/16	Westhill Invitational Meet 2016	Westhill	Upper Deesid	2
4:55.89	477	F	15/01/17	SAS Junior Meet 2017	Westhill	South Aberde	2
4:57.02	472	F	26/08/18	SAS Time Trial 1 2018	Aboyne	Westhill	2
4:58.21	466	F	25/06/16	North District Development Meets	Inverness	Upper Deesid	2
4:58.36	465	F	07/10/17	SASA ND Meet	Fraserburgh	Upper Deesid	2
4:58.71	464	F	07/11/21	2021 SS West District SC "Time Trials 1" Meet	DG1 Centre,Dumfries		2
4:58.80	463	F	28/08/16	SAS Time Trial August 2016	Aberdeen	South Aberde	2
5:01.97	449	F	24/01/16	SASA North District Age Group Meet 2016	Inverness	Upper Deesid	2
5:02.08	448	F	20/02/16	Garioch Mix Up Meet 2016	Inverurie	Upper Deesid	2
5:05.76	432	F	24/10/15	DCA Autumn Open Meet	Dundee	South Aberde	2
5:06.83	428	F	20/06/15	SASA North District Development Meet 2015	Inverness	Upper Deesid	1
5:09.46	417	F	17/01/16	SAS Junior Meet 2016	Westhill	South Aberde	2
5:17.75	385	F	29/11/14	SASA North District Age Group Meet	Inverness	Upper Deesid	1
5:18.12	384	F	14/02/15	Elgin ASC Spring Meet	Buckie	South Aberde	2
5:18.50	382	F	06/05/15	Westhill Invitational Meet	Westhill	Upper Deesid	2

5:18.39	302	F	09/09/13	Westhill Invitational Meet	Westhill	Upper Deesid	2
5:18.83	381	F	06/09/15	Cults Otters Challenge Trophy	Aberdeen	South Aberde	2
5:20.93	374	F	15/06/14	North District Development Meet	Inverness	Upper Deesid	1
5:21.55	372	F	01/11/14	SASA North District Distance Meet	Fraserburgh	Upper Deesid	1
5:24.17	363	F	10/01/15	SAS Junior Meet	Westhill	South Aberde	2
5:30.46	342	F	07/09/14	Cult Otters Challenge Trophy Gala	Aberdeen		2
5:38.16	320	F	11/01/14	SAS Junior Meet	Westhill	Upper Deesid	2
5:46.00	298	F	23/06/13	South Aberdeenshire 1st Annual Champs	Westhill	Upper Deesid	2
5:48.95	291	F	08/09/13	Cults Otters Bibby Offshore Challenge	Aberdeen	Upper Deesid	2
5:50.50	287		18/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Upper Deesid	2
6:29.86	208		16/02/13	2013 Elgin Spring Meet	Buckie	Upper Deesid	2

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