

# Individual Best Times (All Time)

Adam Scrutton - (945931) - Formby Swimming Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:43.45	269	F	01/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington		3
2:45.92	258	H	31/03/18	Burnley Bobcats Last Chance Regional Qual Meet	Darwen LC	Ormskirk	3
2:50.44	238	H	04/06/17	Preston Summer Spectacular 201 - L3 Open Meet	Darwen	Ormskirk	3
3:00.48	200	F	20/03/16	Wirral Metro Spring Meet 2016 (L3)	Birkenhead		3
3:07.21	179	H	01/11/15	Blackpool 'Lights' Level 3 Development Meet	Blackpool		3
3:17.08	153	H	24/01/15	North Lancashire Age Groups & Youth Championships	Blackpool		2
3:24.21	138	H	20/09/14	City of Liverpool Level 3 Tadpole Meet	Liverpool		3
3:28.01	130	H	26/10/14	North Lancashire Gala	Blackpool		3
3:49.93	96	H	26/10/13	North Lancashire SWPA Level 3 Meet	Blackpool	Ormskirk	3
3:56.42	89	H	21/09/13	City of Liverpool SC Level 3 Tadpole Gala	Everton	Ormskirk	3
4:31.78	58	H	27/10/12	North Lancs SC L3 Meet	Blackpool	Ormskirk	3
4:53.53	46	F	15/12/12	Wirral Metro Novice Meet	Birkenhead	Ormskirk	3

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