

# Individual Best Times (All Time)

Becky Alder - (945675) - Alton & District Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.85	498	H	03/11/18	Swim England South East Open & Junior Champs	Portsmouth	Alton & Dist	2
31.87	497	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Alton & Dist	2
32.24	480	H	22/09/18	Hampshire County Open & Junior Champs 2018	Southampton	Alton & Dist	2
32.30	477	F	16/06/18	Alton & District Club Championship	Alton	Alton & Dist	4
32.35	475	F	22/07/18	Fareham Nomads Summer Meet 2018	Waterlooville	Alton & Dist	3
32.36	475	H	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
32.72	459	F	16/09/17	Alton District Club Championships	Alton	Alton & Dist	4
32.78	457	F	21/07/19	Fareham Nomads Summer Meet 2019	Waterlooville	Alton & Dist	3
32.95	450	F	23/07/17	Fareham Nomads Summer Meet 2017	Waterlooville	Alton & Dist	3
33.07	445	F	11/12/16	CO Southampton 7th Christmas Open Meet	Southampton	Alton & Dist	3
33.13	442	F	17/09/16	Alton District Club Championships	Alton	Alton & Dist	4
33.42	431	F	28/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
34.06	407	H	13/06/15	Swim Out of Your Skin Open Meet	Waterlooville	Alton & Dist	3
34.55	390		29/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	Alton & Dist	2
34.60	388	F	18/10/14	Alton & District Autumn Winter Champs	Alton	Alton & Dist	4
35.29	366	H	07/03/15	Hampshire County ASA Championships	Waterlooville	Alton & Dist	1
35.46	361	H	22/06/14	Havant & Waterlooville Midsummer Open 2014	Waterlooville	Alton & Dist	3
35.87	348		08/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
36.07	343	H	29/06/14	Fareham Nomads Summer Open Meet	Waterlooville	Alton & Dist	3
36.30	336	H	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
36.62	327		19/10/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
37.62	302		09/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
38.25	287		17/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
38.40	284		12/01/13	Alton & District SC Club Championships	Alton	Alton & Dist	4
38.69	277		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
40.10	249		10/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
41.40	231	F	15/04/10	Haslemere SC Junior B Grade Meet	Haslemere	Alton & Dist	2

41.12	231	F	15/04/12	Haslemere SC Junior B Grade Meet	Haslemere	Alton & Dist	3
43.15	200	F	21/01/12	Hants and South Coast Invitational	Woking	Alton & Dist	4
45.93	166		25/06/11	Hampshire County Development Meet	Waterlooville	Alton & Dist	3
46.91	155		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.78	457	F	21/07/19	Fareham Nomads Summer Meet 2019	Waterlooville	Alton & Dist	3
31.87	497	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Alton & Dist	2
31.85	498	H	03/11/18	Swim England South East Open & Junior Champs	Portsmouth	Alton & Dist	2
32.24	480	H	22/09/18	Hampshire County Open & Junior Champs 2018	Southampton	Alton & Dist	2
32.35	475	F	22/07/18	Fareham Nomads Summer Meet 2018	Waterlooville	Alton & Dist	3
32.30	477	F	16/06/18	Alton & District Club Championship	Alton	Alton & Dist	4
32.72	459	F	16/09/17	Alton District Club Championships	Alton	Alton & Dist	4
32.95	450	F	23/07/17	Fareham Nomads Summer Meet 2017	Waterlooville	Alton & Dist	3
33.07	445	F	11/12/16	CO Southampton 7th Christmas Open Meet	Southampton	Alton & Dist	3
32.36	475	H	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
33.13	442	F	17/09/16	Alton District Club Championships	Alton	Alton & Dist	4
33.42	431	F	28/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
34.06	407	H	13/06/15	Swim Out of Your Skin Open Meet	Waterlooville	Alton & Dist	3
34.55	390		29/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	Alton & Dist	2
35.29	366	H	07/03/15	Hampshire County ASA Championships	Waterlooville	Alton & Dist	1
34.60	388	F	18/10/14	Alton & District Autumn Winter Champs	Alton	Alton & Dist	4
36.07	343	H	29/06/14	Fareham Nomads Summer Open Meet	Waterlooville	Alton & Dist	3
35.46	361	H	22/06/14	Havant & Waterlooville Midsummer Open 2014	Waterlooville	Alton & Dist	3
35.87	348		08/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
36.62	327		19/10/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
36.30	336	H	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
37.62	302		09/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
38.69	277		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
38.40	284		12/01/13	Alton & District SC Club Championships	Alton	Alton & Dist	4
38.25	287		17/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
41.12	231	F	15/04/12	Haslemere SC Junior B Grade Meet	Haslemere	Alton & Dist	3
40.10	249		10/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
43.15	200	F	21/01/12	Hants and South Coast Invitational	Woking	Alton & Dist	4
46.91	155		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
45.93	166		25/06/11	Hampshire County Development Meet	Waterlooville	Alton & Dist	3