

# Individual Best Times (All Time)

Adam Woo - (945629) - Winchester City Penguins - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.88	350	H	08/09/18	Winchester City Penguins Club Championships 2018	St Swithuns School		4
1:11.25	330	H	22/10/17	Winchester City Penguins Club Championships	St Swithuns	Winchester	4
1:11.76	323	H	01/07/17	Hampshire County Development Competition 2017	Waterlooville	Winchester	3
1:13.04	307	F	09/04/17	Swim Bournemouth Spring Short Course Meet	Bournemouth		2
1:15.01	283	H	10/06/17	Havant & Waterlooville Swim Out of Your Skin Open	Waterlooville	Winchester	3
1:17.39	258	H	19/11/16	Peter Bull Open Meet	Waterlooville	Winchester	3
1:18.16	250	H	22/10/16	Winchester City Penguins Club Championships	St Swithuns	Winchester	4
1:18.61	246	H	03/12/16	Bracknell Winter L3 Open Meet	Bracknell	Winchester	3
1:23.27	207	H	07/05/16	Winchester City Penguins Grand Prix Series 2016	St Swithuns School	Winchester	4
1:33.52	146	H	19/04/15	Salisbury Stingrays Spring Meet 2015	Salisbury		3
1:35.44	137	H	23/11/14	Peter Bull Open Meet	Waterlooville		3
1:36.42	133	H	04/07/15	Hampshire County Development Competition 2015	Waterlooville		3
1:39.34	122	H	12/07/14	Hampshire County Development Meet	Waterlooville	Winchester	3
1:40.81	116	H	19/10/14	Winchester City Penguins Club Champs	Winchester		4
1:42.46	111	H	01/12/13	HVWS Peter Bull Open Meet	Waterlooville	Winchester	3
1:53.54	81		07/07/13	Hampshire County Development Meet	Southampton	Winchester	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.88	350	H	08/09/18	Winchester City Penguins Club Championships 2018	St Swithuns School		4
1:11.25	330	H	22/10/17	Winchester City Penguins Club Championships	St Swithuns	Winchester	4
1:11.76	323	H	01/07/17	Hampshire County Development Competition 2017	Waterlooville	Winchester	3
1:15.01	283	H	10/06/17	Havant & Waterlooville Swim Out of Your Skin Open	Waterlooville	Winchester	3
1:13.04	307	F	09/04/17	Swim Bournemouth Spring Short Course Meet	Bournemouth		2
1:18.61	246	H	03/12/16	Bracknell Winter L3 Open Meet	Bracknell	Winchester	3
1:17.39	258	H	19/11/16	Peter Bull Open Meet	Waterlooville	Winchester	3

1:18.16	250	H	22/10/16	Winchester City Penguins Club Championships	St Swithuns	Winchester	4
1:23.27	207	H	07/05/16	Winchester City Penguins Grand Prix Series 2016	St Swithuns School	Winchester	4
1:36.42	133	H	04/07/15	Hampshire County Development Competition 2015	Waterlooville		3
1:33.52	146	H	19/04/15	Salisbury Stingrays Spring Meet 2015	Salisbury		3
1:35.44	137	H	23/11/14	Peter Bull Open Meet	Waterlooville		3
1:40.81	116	H	19/10/14	Winchester City Penguins Club Champs	Winchester		4
1:39.34	122	H	12/07/14	Hampshire County Development Meet	Waterlooville	Winchester	3
1:42.46	111	H	01/12/13	HVWS Peter Bull Open Meet	Waterlooville	Winchester	3
1:53.54	81		07/07/13	Hampshire County Development Meet	Southampton	Winchester	3