

Individual Best Times (All Time)

Joseph Munden - (944005) - Newham & University of East Lond - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:10.70	439	H	03/11/19	2019 London Region Winter Championships	London	Bo Newham	2
2:12.07	425	H	20/01/19	Essex Age Group Champs 2019	Basildon	Bo Newham	2
2:13.57	411	H	20/10/19	Essex Senior Winter Champs	Basildon	Bo Newham	2
2:14.31	404	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Bo Newham	2
2:18.61	368	F	12/11/17	N&UEL Borough Championships & Invitational Meet	East Ham	Bo Newham	4
2:27.37	306	F	25/03/17	LBR Regional Qualifying Meet March 2017	Fullwell Cross	Bo Waltham F	3
2:32.88	274	F	01/10/16	LBRS Early Chance October Meet	Ilford	Bo Waltham F	3
2:41.84	231	F	10/06/16	BWFSC Club Championships	London	Bo Waltham F	4
2:45.90	214	F	26/03/16	LBRS Last Chance Regional Meet 2016	Fullwell Cross	Bo Waltham F	3
2:50.65	197	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
2:53.57	187	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
3:06.93	150		06/04/14	BWFSC Secondary Age Group Meet 2014	Walthamstow	Bo Waltham F	3
3:12.66	137		19/09/14	Boro Waltham Forest Club Championships	Walthamstow	Bo Waltham F	4
3:15.05	132	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Bo Waltham F	3
3:44.12	87		25/11/13	Borough of Waltham Forest Club Championships	Waltham	Bo Waltham F	4
4:03.75	67		14/07/13	Boro of Waltham Forest End of Season	Waltham	Bo Waltham F	3
4:09.57	63		24/09/12	Borough of Waltham Club Championships	Waltham	Bo Waltham F	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:10.70	439	H	03/11/19	2019 London Region Winter Championships	London	Bo Newham	2
2:13.57	411	H	20/10/19	Essex Senior Winter Champs	Basildon	Bo Newham	2
2:12.07	425	H	20/01/19	Essex Age Group Champs 2019	Basildon	Bo Newham	2
2:14.31	404	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Bo Newham	2
2:18.61	368	F	12/11/17	N&UEL Borough Championships & Invitational Meet	East Ham	Bo Newham	4
2:27.37	306	F	25/03/17	LBR Regional Qualifying Meet March 2017	Fullwell Cross	Bo Waltham F	3

2:32.88	274	F	01/10/16	LBRS Early Chance October Meet	Iford	Bo Waltham F	3
2:41.84	231	F	10/06/16	BWFSC Club Championships	London	Bo Waltham F	4
2:45.90	214	F	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	Bo Waltham F	3
2:50.65	197	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
2:53.57	187	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
3:12.66	137		19/09/14	Boro Waltham Forest Club Championships	Walthamstow	Bo Waltham F	4
3:15.05	132	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Bo Waltham F	3
3:06.93	150		06/04/14	BWFSC Secondary Age Group Meet 2014	Walthamstow	Bo Waltham F	3
3:44.12	87		25/11/13	Borough of Waltham Forest Club Championships	Waltham	Bo Waltham F	4
4:03.75	67		14/07/13	Boro of Waltham Forest End of Season	Waltham	Bo Waltham F	3
4:09.57	63		24/09/12	Borough of Waltham Club Championships	Waltham	Bo Waltham F	4