

# Individual Best Times (All Time)

Joseph Munden - (944005) - Newham & University of East Lond - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:59.81	202	F	16/09/16	BWFSC Club Championships	London	Bo Waltham F	4
3:07.43	178	H	14/02/15	Essex County Age Group Championships 2015	Basildon		2
3:13.84	161	F	11/09/15	BWFSC Club Championships 2015	London	Bo Waltham F	4
3:19.91	147	F	03/01/15	London Borough of Redbridge Winter Meet	Barkingside	Bo Waltham F	3
3:25.58	135		21/09/14	Borough Of Waltham Forest Club Champs	Walthamstow	Bo Waltham F	4
3:42.65	106		25/11/13	Borough of Waltham Forest Club Championships	Waltham	Bo Waltham F	4
4:02.56	82		14/07/13	Boro of Waltham Forest End of Season	Waltham	Bo Waltham F	3
4:10.92	74		26/09/12	Borough of Waltham Club Championships	Waltham	Bo Waltham F	4

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