

Individual Best Times (All Time)

Joseph Munden - (944005) - Newham & University of East Lond - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.11	301	F	12/10/19	NUEL Early County Qualifier Open Meet 2019	London Aquatic Ctr	Bo Newham	3
1:17.11	246	H	02/11/19	2019 London Region Winter Championships	London	Bo Newham	2
1:17.24	244	H	02/04/17	Thurrock Essex & Regional Qualifier	Thurrock	Bo Waltham F	3
1:21.17	211	F	01/07/18	N&UEL Club Championships 2018	East Ham LC	Bo Newham	4
1:21.86	205	F	05/11/16	DDSC & EDSC Fireworks Meet 2016	Bexleyheath	Bo Waltham F	3
1:25.04	183	F	10/06/16	BWFSC Club Championships	London	Bo Waltham F	4
1:34.69	132		28/09/14	BWFSC County Qualifier Sprint Meet 2014	Walthamstow	Bo Waltham F	3
1:37.15	123		19/09/14	Boro Waltham Forest Club Championships	Walthamstow	Bo Waltham F	4
1:43.27	102	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Bo Waltham F	3
1:47.81	90		23/09/13	Borough of Waltham Forest Club Championships	Waltham	Bo Waltham F	4
2:06.13	56		24/09/12	Borough of Waltham Club Championships	Waltham	Bo Waltham F	4

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