

Individual Best Times (All Time)

Jack Ward - (943778) - Team Ipswich Swimming - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:27.38	272	H	21/02/15	Norfolk County Championships	Wymondham		2
5:35.70	252	F	19/04/15	Newmarket & District Seventh Open Meet	Newmarket	Dereham	3
5:39.33	244	F	07/07/15	Dereham & District Roger Virgo 2015	Dereham	Dereham	4
5:42.17	238	F	28/02/16	Suffolk County Championships 2016	Ipswich	Deben	2
5:54.73	214	F	08/07/14	Dereham & District Roger Virgo Distance Event	Dereham	Dereham	4
5:56.40	211	F	05/10/14	Dereham Icenl Level 3 Open Meet	Dereham	Dereham	3
6:12.36	185	H	22/02/14	Norfolk County Champs & AG Comp	Wymondham	Dereham	2
6:31.91	158	F	29/09/13	Dereham & District ASC ICENI	Dereham	Dereham	3
6:44.99	143	F	15/11/13	Dereham Annual Gala	Dereham	Dereham	4

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