

Individual Best Times (All Time)

Scott Muirden - (941578) - Heart Of Midlothian ASC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.28	400	F	02/03/19	Midlothian Spring Meet	Mercat Gait Centre	Heart Of Mid	2
2:23.38	399	F	24/02/19	Hearts pre SNAGs 19	Xcite	Heart Of Mid	2
2:25.33	383	H	14/01/18	EDAG Round 2 2018	Michael Woods Centre		2
2:26.94	371	F	07/10/17	Hearts Premier Age Group Meet	Prestonpans	Heart Of Mid	2
2:27.38	368	H	14/01/17	East District Age Groups Round 2	Edinburgh		1
2:28.20	362	F	25/02/18	Hearts pre SNAGs 18	Xcite	Heart Of Mid	2
2:28.64	358	F	22/10/17	Carnegie 140th Anniversary Meet	Dunfermline	Heart Of Mid	2
2:29.69	351	F	26/02/17	Hearts SNAGs Last Change Age Group Meet	West Lothian	Heart Of Mid	2
2:30.54	345	F	17/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	Heart Of Mid	2
2:35.64	312	F	08/10/16	Hearts Premier Age Groups Meet	Prestonpans	Heart Of Mid	2
2:35.79	311	F	20/03/16	Portobello Mad March Meet	Prestonpans	Heart Of Mid	2
2:39.90	288	H	29/11/15	East District Age Group Championships	Glenrothes	Heart Of Mid	1
2:40.04	287	F	11/06/16	ELST Distance Meet 2016	Mercat Gait	Heart Of Mid	2
2:40.73	283		10/10/15	Hearts Premier Age Group Meet	Prestonpans	Heart Of Mid	2
2:43.61	269	F	13/06/15	ELST Distance Meet 2015	Mercat Gait	Heart Of Mid	2
2:47.88	249	F	16/05/15	Swim West Lothian IM Tough 2015	West Lothian	Heart Of Mid	2
2:49.22	243	F	14/02/15	Sharks Open Meet	Bellshill	Heart Of Mid	2
2:49.53	241	F	22/03/15	Portobello Mad March Meet	Mercat Gait	Heart Of Mid	2
2:56.51	214	H	01/12/14	SASA East District AG Round 2	Glenrothes	Heart Of Mid	1
3:03.15	191		11/10/14	Hearts Premier Age Group Championships	Prestonpans	Heart Of Mid	2
3:03.36	191	F	04/05/14	Carnegie So Long Meet	Dunfermline	Heart Of Mid	2
3:04.97	186		24/05/14	Fife Performance 124 Meet	Dunfermline	Heart Of Mid	2
3:10.00	171	F	01/03/14	SASA East District Challenge 2014	Bathgate	Heart Of Mid	2
3:16.05	156	F	27/10/13	Alloa Graded Meet	Alloa	Heart Of Mid	2

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