Individual Best Times (All Time)

Holly Harris - (940592) - Poole SC - 400 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:23.94	510	Н	03/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	Poole	2
5:26.73	497	F	17/06/18	Poole Club Championships 2018	Poole	Poole	4
5:28.11	491	F	21/10/18	Millfield School & Street SC TYR	Millfield School	Poole	2
5:28.97	487	F	16/07/17	Poole Club Championships	Poole	Poole	4
5:30.77	479	F	29/10/17	Poole Season Starter 2017	Dorchester	Poole	3
5:32.54	472	F	17/12/17	City of Bristol Christmas Cracker Meet	Hengrove Park LC	Poole	2
5:35.47	459	F	17/12/16	City of Bristol Christmas Cracker	Bristol	Poole	3
5:36.45	455	F	16/10/16	Swim Bournemouth Autumn L2 Open Meet	Bournemouth	Poole	2
5:38.23	448	Н	25/02/17	Dorset County Champs & Age Groups	Bournemouth	Poole	2
5:41.69	435	F	02/10/16	Poole Season Starter 2016	Poole	Poole	3
5:46.63	416	F	17/07/16	Poole Club Championships	Poole	Poole	4
5:48.11	411		20/02/16	Dorset County ASA Integrated Champs & AG	Littledown	Poole	2
5:57.86	378	F	31/10/15	Millfield & Taunton Super Series	Millfield	Poole	2
5:59.92	372		29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	Poole	2
6:01.03	368		19/07/15	Poole 2015 Championship Gala	Poole	Poole	4
6:07.69	349		28/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	Poole	2
6:10.86	340		28/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	Bourmth Coll	2
6:12.57	335	Н	29/11/14	Swindon Dolphins Open Meet	Swindon	Bournemouth	3
6:17.16	323	F	15/11/14	Millfield & Taunton Super Series	Millfield	Bourmth Coll	2
6:23.16	308	Н	17/01/15	Tigersharks ASC Winter Open Meet 2015	Swindon		3
6:34.81	282		01/03/14	Dorset County Age Group Champs 2014	Littledown	Bourmth Coll	2
6:44.56	262		05/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	Bourmth Coll	2
6:47.28	256		16/11/13	Swim Bournemouth 5th Christmas Open Meet	Bournemouth	Bourmth Coll	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
Copyright 202	24				Powered By SPORT	SYSTEMS	

							Page 2 / 2
5:28.11	491	F	21/10/18	Millfield School & Street SC TYR	Millfield School	Poole	2
5:26.73	497	F	17/06/18	Poole Club Championships 2018	Poole	Poole	4
5:23.94	510	Н	03/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	Poole	2
5:32.54	472	F	17/12/17	City of Bristol Christmas Cracker Meet	Hengrove Park LC	Poole	2
5:30.77	479	F	29/10/17	Poole Season Starter 2017	Dorchester	Poole	3
5:28.97	487	F	16/07/17	Poole Club Championships	Poole	Poole	4
5:38.23	448	Н	25/02/17	Dorset County Champs & Age Groups	Bournemouth	Poole	2
5:35.47	459	F	17/12/16	City of Bristol Christmas Cracker	Bristol	Poole	3
5:36.45	455	F	16/10/16	Swim Bournemouth Autumn L2 Open Meet	Bournemouth	Poole	2
5:41.69	435	F	02/10/16	Poole Season Starter 2016	Poole	Poole	3
5:46.63	416	F	17/07/16	Poole Club Championships	Poole	Poole	4
5:48.11	411		20/02/16	Dorset County ASA Integrated Champs & AG	Littledown	Poole	2
5:59.92	372		29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	Poole	2
5:57.86	378	F	31/10/15	Millfield & Taunton Super Series	Millfield	Poole	2
6:01.03	368		19/07/15	Poole 2015 Championship Gala	Poole	Poole	4
6:07.69	349		28/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	Poole	2
6:10.86	340		28/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	Bourmth Coll	2
6:23.16	308	Н	17/01/15	Tigersharks ASC Winter Open Meet 2015	Swindon		3
6:12.57	335	Н	29/11/14	Swindon Dolphins Open Meet	Swindon	Bournemouth	3
6:17.16	323	F	15/11/14	Millfield & Taunton Super Series	Millfield	Bourmth Coll	2
6:44.56	262		05/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	Bourmth Coll	2
6:34.81	282		01/03/14	Dorset County Age Group Champs 2014	Littledown	Bourmth Coll	2
6:47.28	256		16/11/13	Swim Bournemouth 5th Christmas Open Meet	Bournemouth	Bourmth Coll	3

Copyright 2024 Powered By SPORTSYSTEMS