

Individual Best Times (All Time)

Fenn Capon-Day - (939483) - Hastings Seagull SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------------|-----------------|-------|
| 2:27.59 | 305 | F | 11/04/19 | Hastings Seagull SC Club Championships | Hastings | Hastings | 4 |
| 2:28.17 | 301 | F | 14/07/18 | Terry Fitzgerald Memorial Open Meet 2018 | Summerfields LC | Hastings | 3 |
| 2:28.45 | 299 | H | 29/04/17 | Black Lion L3 Spring Open Meet 2017 | Gillingham | Hastings | 3 |
| 2:29.06 | 296 | F | 22/10/17 | Sussex County ASA Winter Short Competition | Crawley | Hastings | 2 |
| 2:30.21 | 289 | F | 07/01/18 | Littlehampton Splash into 2018 | Arun | Hastings | 3 |
| 2:31.24 | 283 | F | 13/01/18 | Tom Handley Open Meet | Brighton | Hastings | 3 |
| 2:37.40 | 251 | F | 09/07/16 | Terry Fitzgerald Memorial Open Meet 2016 | Hastings | Hastings | 3 |
| 2:39.00 | 244 | F | 02/07/16 | Sussex County Development Gala | Horsham | Hastings | 3 |
| 2:39.51 | 241 | F | 10/01/16 | Tom Handley Memorial Trophy Meet | Brighton | Hastings | 3 |
| 2:39.87 | 240 | | 29/05/16 | The Vanessa Knight Memorial Open Meet | Felpham | Hastings | 3 |
| 2:41.77 | 231 | F | 21/04/16 | Hastings Seagull Club Championships | Hastings | Hastings | 4 |
| 2:48.25 | 206 | F | 11/07/15 | Terry Fitzgerald Memorial Open Meet | Hastings | Hastings | 3 |
| 2:49.13 | 202 | F | 12/04/15 | Littlehampton Last Chance Regional Qualifier | Bognor Regis | Hastings | 3 |
| 2:50.45 | 198 | F | 21/06/15 | Sussex Development Gala | Eastbourne | Hastings | 3 |
| 2:52.35 | 191 | F | 23/04/15 | Hastings Seagull Club Championships - Heats 1-5 | Hastings | Hastings | 4 |
| 2:58.09 | 173 | F | 04/01/15 | Littlehampton Splash 2015 | Bognor Regis | Hastings | 3 |
| 3:21.91 | 119 | F | 24/04/14 | Hastings Seagull Club Championships | Hastings | Hastings | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------------|-----------------|-------|
| 2:27.59 | 305 | F | 11/04/19 | Hastings Seagull SC Club Championships | Hastings | Hastings | 4 |
| 2:28.17 | 301 | F | 14/07/18 | Terry Fitzgerald Memorial Open Meet 2018 | Summerfields LC | Hastings | 3 |
| 2:31.24 | 283 | F | 13/01/18 | Tom Handley Open Meet | Brighton | Hastings | 3 |
| 2:30.21 | 289 | F | 07/01/18 | Littlehampton Splash into 2018 | Arun | Hastings | 3 |
| 2:29.06 | 296 | F | 22/10/17 | Sussex County ASA Winter Short Competition | Crawley | Hastings | 2 |
| 2:28.45 | 299 | H | 29/04/17 | Black Lion L3 Spring Open Meet 2017 | Gillingham | Hastings | 3 |

| | | | | | | | |
|---------|-----|---|----------|---|--------------|----------|---|
| 2:37.40 | 251 | F | 09/07/16 | Terry Fitzgerald Memorial Open Meet 2016 | Hastings | Hastings | 3 |
| 2:39.00 | 244 | F | 02/07/16 | Sussex County Development Gala | Horsham | Hastings | 3 |
| 2:39.87 | 240 | | 29/05/16 | The Vanessa Knight Memorial Open Meet | Felpham | Hastings | 3 |
| 2:41.77 | 231 | F | 21/04/16 | Hastings Seagull Club Championships | Hastings | Hastings | 4 |
| 2:39.51 | 241 | F | 10/01/16 | Tom Handley Memorial Trophy Meet | Brighton | Hastings | 3 |
| 2:48.25 | 206 | F | 11/07/15 | Terry Fitzgerald Memorial Open Meet | Hastings | Hastings | 3 |
| 2:50.45 | 198 | F | 21/06/15 | Sussex Development Gala | Eastbourne | Hastings | 3 |
| 2:52.35 | 191 | F | 23/04/15 | Hastings Seagull Club Championships - Heats 1-5 | Hastings | Hastings | 4 |
| 2:49.13 | 202 | F | 12/04/15 | Littlehampton Last Chance Regional Qualifier | Bognor Regis | Hastings | 3 |
| 2:58.09 | 173 | F | 04/01/15 | Littlehampton Splash 2015 | Bognor Regis | Hastings | 3 |
| 3:21.91 | 119 | F | 24/04/14 | Hastings Seagull Club Championships | Hastings | Hastings | 4 |