

Individual Best Times (All Time)

Emily Buist - (939191) - Rushmoor Royals SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.81	554	H	10/02/19	Hampshire County ASA Championships 2019	Portsmouth	Rushmoor Ryl	2
1:07.21	544	H	06/10/18	RR Winter National & Regional Qualifier L2 Meet	Aldershot	Rushmoor Ryl	2
1:07.22	544	H	10/02/19	Hampshire County ASA Championships 2019	Portsmouth	Rushmoor Ryl	2
1:07.31	542	F	03/11/18	City of Cardiff Capital Open Meet	Cardiff	Rushmoor Ryl	2
1:07.70	532	F	09/11/19	National Arena Swimming League South Round Two	Guildford	Rushmoor Ryl	3
1:07.82	530	H	23/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
1:08.56	513	H	06/10/19	Rushmoor Royals Autumn County Chaser 2019	Aldershot	Rushmoor Ryl	3
1:08.78	508	F	12/10/19	NASL South League Round One	Burgess Hill	Rushmoor Ryl	3
1:12.15	440	H	07/07/16	Windsor Club Championships	Windsor	Windsor	4
1:13.11	423	H	08/05/16	Windsor Spring Level 3 Meet	Windsor	Windsor	3
1:16.61	367	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Windsor	2
1:16.90	363	H	11/10/15	Berkshire & Sth Bucks Development Meet 2015	Bracknell		3
1:17.20	359	H	11/07/15	Windsor Level 3 Sprint Meet	Maidenhead		3
1:19.84	324	H	22/11/14	Windsor Club Championships	Windsor		4
1:20.23	320	H	06/12/14	Windsor Level 3 Open Meet	Maidenhead		3
1:20.92	312	F	24/01/15	Reading January Level 3 Open Meet 2015	Reading	Windsor	3
1:25.61	263	F	08/02/14	Ealing L3 February Open Meet 2014	Ealing	Windsor	3
1:28.34	239	H	23/11/13	Windsor Club Championships	Windsor	Windsor	4
1:36.25	185	H	15/12/12	Windsor Club Championships	Ascot	Windsor	4
1:39.84	166	H	14/10/12	Berkshire & South Bucks ASA Development	Bracknell	Windsor	3

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