

Individual Best Times (All Time)

Emily Buist - (939191) - Rushmoor Royals SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.36	575	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Rushmoor Ryl	2
30.46	569	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Rushmoor Ryl	2
30.66	558	H	02/11/19	Swim England South East Open Junior Championships	Portsmouth	Rushmoor Ryl	2
30.98	541	F	04/11/18	City of Cardiff Capital Open Meet	Cardiff	Rushmoor Ryl	2
31.46	517	H	22/09/18	Hampshire County Open & Junior Champs 2018	Southampton	Rushmoor Ryl	2
31.62	509	H	29/09/18	RR Winter National & Regional Qualifier L2 Meet	Hart	Rushmoor Ryl	2
31.70	505	H	30/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
32.49	469	H	13/09/19	RRSC Club Championships 2019	Aldershot		4
33.54	426	H	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Windsor	2
34.65	386	H	11/07/15	Windsor Level 3 Sprint Meet	Maidenhead		3
35.40	362	H	16/05/15	Windsor Level 3 Meet	Maidenhead		3
35.56	358	H	29/11/15	Windsor Club Championships	Maidenhead		4
37.73	299	H	17/05/14	Windsor SC Level 3 Open Meet	Maidenhead	Windsor	3
39.04	270	H	25/09/14	Windsor Club Championships	Windsor		4
39.41	263	H	18/05/13	Windsor SC L3 Open Meet	Maidenhead	Windsor	3
39.65	258	H	13/10/13	Berks & South Bucks Development Meet	Bracknell	Windsor	3
39.74	256	H	02/10/13	Windsor Club Championships	Windsor	Windsor	4
42.89	204	H	19/05/12	Windsor SC Level 3 Open Meet	Maidenhead	Windsor	3
43.50	195	H	15/11/12	Windsor SC Club Championships	Windsor	Windsor	4
45.96	165	H	14/10/12	Berkshire & South Bucks ASA Development	Bracknell	Windsor	3

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