Individual Best Times (All Time)

Adam Murray - (937909) - City of Cardiff - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 2:44.43 | 390 | F | 23/09/18 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 2:44.53 | 389 | F | 22/09/19 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 2:51.07 | 346 | F | 24/09/17 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 3:10.84 | 249 | F | 03/02/15 | SWER Regional Championships | Newport | Co Cardiff | 2 |
| 3:36.52 | 170 | F | 21/06/14 | Torfaen Dolphins Spring Meet 2014 | Newport | Co Cardiff | 2 |
| 3:38.05 | 167 | F | 01/02/14 | South East Wales Regional Championships | Newport | Co Cardiff | 2 |
| 3:41.45 | 159 | Н | 01/02/14 | South East Wales Regional Championships | Newport | Co Cardiff | 2 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 2:44.53 | 389 | F | 22/09/19 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 2:44.43 | 390 | F | 23/09/18 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 2:51.07 | 346 | F | 24/09/17 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 3:10.84 | 249 | F | 03/02/15 | SWER Regional Championships | Newport | Co Cardiff | 2 |
| 3:36.52 | 170 | F | 21/06/14 | Torfaen Dolphins Spring Meet 2014 | Newport | Co Cardiff | 2 |
| 3:38.05 | 167 | F | 01/02/14 | South East Wales Regional Championships | Newport | Co Cardiff | 2 |
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