

Individual Best Times (All Time)

Adam Murray - (937909) - City of Cardiff - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------------|-----------------|-------|
| 2:03.44 | 521 | F | 12/02/19 | Swim Wales South East Regional Championships | Newport | Co Cardiff | 2 |
| 2:03.77 | 517 | F | 03/11/18 | City of Cardiff Capital Open Meet | Cardiff | Co Cardiff | 2 |
| 2:04.03 | 514 | H | 20/10/18 | Manchester International Swim Meet (MISM) 2018 | Manchester | Co Cardiff | 2 |
| 2:06.67 | 482 | F | 06/02/17 | Swim Wales South East Regional | Newport | Co Cardiff | 2 |
| 2:08.27 | 464 | F | 05/02/18 | SW South East Regional Championships | Newport | Co Cardiff | 2 |
| 2:08.97 | 457 | H | 03/12/16 | Swim Wales Short Course Championships | Swansea | Co Cardiff | 2 |
| 2:13.27 | 414 | F | 01/02/16 | Swim Wales South East Regional Championships | Newport | Co Cardiff | 2 |
| 2:14.15 | 406 | F | 25/09/16 | City of Cardiff Club Championship | Cardiff | Co Cardiff | 3 |
| 2:14.91 | 399 | F | 19/12/15 | Swim Wales National Short Course Championships | Swansea | Co Cardiff | 2 |
| 2:17.45 | 377 | H | 19/12/15 | Swim Wales National Short Course Championships | Swansea | Co Cardiff | 2 |
| 2:18.29 | 371 | F | 27/09/15 | City of Cardiff 2015 Club Championships | Cardiff | Co Cardiff | 3 |
| 2:21.24 | 348 | H | 22/11/15 | Stockport Metro November Meet 2015 | Stockport | | 2 |
| 2:22.55 | 338 | F | 02/02/15 | SWER Regional Championships | Newport | Co Cardiff | 2 |
| 2:29.04 | 296 | H | 20/12/14 | British Gas Swim Wales Open Winter Championships | Swansea | Co Cardiff | 1 |
| 2:33.09 | 273 | F | 19/10/14 | Greater Gwent Fast Water Open Meet | Newport | Co Cardiff | 2 |
| 2:41.00 | 235 | F | 11/05/14 | Gloucester City L2 Open Meet | Gloucester | Co Cardiff | 2 |
| 2:41.30 | 233 | F | 22/06/14 | Torfaen Dolphins Spring Meet 2014 | Newport | Co Cardiff | 2 |
| 2:42.78 | 227 | F | 04/02/14 | South East Wales Regional Championships | Newport | Co Cardiff | 2 |
| 2:44.14 | 221 | H | 04/02/14 | South East Wales Regional Championships | Newport | Co Cardiff | 2 |
| 2:51.14 | 195 | F | 19/10/13 | Great Gwent Fast Water Meet level 2 | Newport | Co Cardiff | 2 |
| 2:52.12 | 192 | F | 30/06/13 | Torfaen Dolphins Open Meet 2013 | Newport | Co Cardiff | 2 |
| 3:05.93 | 152 | F | 12/05/13 | Exeter May Meet | Cardiff | Co Cardiff | 3 |
| 3:06.98 | 150 | F | 23/06/13 | Clevedon & Chard Open Meet | Weston super Mare | Co Cardiff | 3 |

Swims in Date Order

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|------|--------|-------|------|------|-------|-----------------|-------|
|------|--------|-------|------|------|-------|-----------------|-------|

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| 2:08.27 | 464 | F | 05/02/18 | SW South East Regional Championships | Newport | Co Cardiff | 2 |
| 2:06.67 | 482 | F | 06/02/17 | Swim Wales South East Regional | Newport | Co Cardiff | 2 |
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