Individual Best Times (All Time)

Adam Murray - (937909) - City of Cardiff - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.83	525	F	01/12/18	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
2:16.51	517	H	01/12/18	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
2:17.74	504	F	05/02/18	SW South East Regional Championships	Newport	Co Cardiff	2
2:22.61	454	F	06/02/17	Swim Wales South East Regional	Newport	Co Cardiff	2
2:22.74	453	F	06/11/16	Welsh Capital Open Meet	Cardiff	Co Cardiff	2
2:25.08	431	F	24/09/17	City of Cardiff Club Championships	Cardiff	Co Cardiff	3
2:28.59	401	H	02/12/16	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
2:29.43	394	F	25/09/16	City of Cardiff Club Championship	Cardiff	Co Cardiff	3
2:32.01	375	F	01/02/16	Swim Wales South East Regional Championships	Newport	Co Cardiff	2
2:42.04	309	F	17/10/15	Greater Gwent Fast Water Open Meet 2015	Newport	Co Cardiff	2
2:42.06	309	F	02/02/15	SWER Regional Championships	Newport	Co Cardiff	2
2:43.97	298	F	27/09/15	City of Cardiff 2015 Club Championships	Cardiff	Co Cardiff	3
2:55.15	245	F	18/10/14	Greater Gwent Fast Water Open Meet	Newport	Co Cardiff	2
3:01.55	220	F	22/06/14	Torfaen Dolphins Spring Meet 2014	Newport	Co Cardiff	2
3:08.04	198	H	01/02/14	South East Wales Regional Championships	Newport	Co Cardiff	2
3:11.13	188	F	10/05/14	Gloucester City L2 Open Meet	Gloucester	Co Cardiff	2
3:12.04	186	F	01/02/14	South East Wales Regional Championships	Newport	Co Cardiff	2
3:30.80	140	F	12/05/13	Exeter May Meet	Cardiff	Co Cardiff	3
3:41.23	121	F	23/06/13	Clevedon & Chard Open Meet	Weston super Mare	Co Cardiff	3
4:05.39	89	F	24/11/12	South East Wales Sub Regional Meet	Newport	Co Cardiff	4

Swims in Date Order

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