

Individual Best Times (All Time)

Adam Murray - (937909) - City of Cardiff - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:07.35	570	F	01/12/19	Swim Wales Short Course Championships	WNPS	Co Cardiff	2
2:10.94	524	F	02/12/18	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
2:11.29	520	H	01/12/19	Swim Wales Short Course Championships	WNPS	Co Cardiff	2
2:11.55	517	F	03/11/18	City of Cardiff Capital Open Meet	Cardiff	Co Cardiff	2
2:14.52	484	F	04/02/18	SW South East Regional Championships	Newport	Co Cardiff	2
2:14.79	481	H	02/12/18	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
2:15.41	474	F	03/02/19	Swim Wales South East Regional Championships	Newport	Co Cardiff	2
2:18.02	448	F	05/02/17	Swim Wales South East Regional	Newport	Co Cardiff	2
2:18.21	446	H	20/10/18	Manchester International Swim Meet (MISM) 2018	Manchester	Co Cardiff	2
2:20.61	423	F	02/12/16	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
2:22.15	410	H	02/12/16	Swim Wales Short Course Championships	Swansea	Co Cardiff	2
2:24.59	389	F	31/01/16	Swim Wales South East Regional Championships	Newport	Co Cardiff	2
2:28.67	358	F	18/12/15	Swim Wales National Short Course Championships	Swansea	Co Cardiff	2
2:32.97	329	F	07/11/15	City of Cardiff Welsh Capital Open Meet	Cardiff	Co Cardiff	2
2:33.29	327	H	18/12/15	Swim Wales National Short Course Championships	Swansea	Co Cardiff	2
2:34.11	322	H	21/11/15	Stockport Metro November Meet 2015	Stockport		2
2:34.81	317	F	27/09/15	City of Cardiff 2015 Club Championships	Cardiff	Co Cardiff	3
2:35.81	311	F	17/10/15	Greater Gwent Fast Water Open Meet 2015	Newport	Co Cardiff	2
2:36.96	304	F	01/02/15	SWER Regional Championships	Newport	Co Cardiff	2
2:49.26	243	F	18/10/14	Greater Gwent Fast Water Open Meet	Newport	Co Cardiff	2
2:54.65	221	F	22/06/14	Torfaen Dolphins Spring Meet 2014	Newport	Co Cardiff	2
2:58.40	207	F	10/05/14	Gloucester City L2 Open Meet	Gloucester	Co Cardiff	2
3:07.36	179	F	02/02/14	South East Wales Regional Championships	Newport	Co Cardiff	2
3:07.91	177	H	02/02/14	South East Wales Regional Championships	Newport	Co Cardiff	2
3:10.23	171	F	30/06/13	Torfaen Dolphins Open Meet 2013	Newport	Co Cardiff	2
3:12.88	164	F	20/10/13	Great Gwent Fast Water Meet level 2	Newport	Co Cardiff	2
3:01.73	142	F	12/04/12	South East Region No Time Cals	Newport	Co Cardiff	4

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3:21.73	143	F	13/04/13	South East Region No Time Gala	Newport	Co Cardiff	4