

Individual Best Times (All Time)

Mark Ford - (932142) - Lanark - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.18	674	F	11/12/21	Scottish National Winter SC Championships	Edinburgh		2
56.85	651	H	11/12/21	Scottish National Winter SC Championships	Edinburgh		2
57.40	632	F	20/11/21	2021 SS West District SC "Time Trials 2" Meet	Tollcross, Glasgow		2
59.74	561	H	14/12/19	Scottish National Short Course Championships	Edinburgh	Co Glasgow	2
1:00.58	538	H	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	Co Glasgow	2
1:02.29	495	H	08/12/17	Scottish National Short Course Open Champs	Edinburgh	Co Glasgow	2
1:03.77	461	F	14/11/20	Tighinn Comhla	Various - Round 1		0
1:03.77	461	F	28/11/20	Tighinn Comhla	Various - Round 2		0
1:07.93	381	F	01/05/16	Haddington Total Swim Meet	Prestonpans	Lanark	2
1:09.30	359	H	28/08/16	2016 SASA West District SR Champs	Glasgow	Lanark	1
1:14.12	293	H	30/08/15	SASA West District SR Championships	Ayr	Lanark	1
1:14.48	289	F	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	Lanark	2
1:14.49	289	F	30/08/15	SASA West District SR Championships	Ayr	Lanark	1
1:21.94	217	H	07/09/14	2014 SASA West District SC SR Championships	Bellshill	Lanark	2
1:25.46	191	F	04/05/14	Haddington Total Swimmer Meet	Prestonpans	Lanark	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.18	674	F	11/12/21	Scottish National Winter SC Championships	Edinburgh		2
56.85	651	H	11/12/21	Scottish National Winter SC Championships	Edinburgh		2
57.40	632	F	20/11/21	2021 SS West District SC "Time Trials 2" Meet	Tollcross, Glasgow		2
1:03.77	461	F	28/11/20	Tighinn Comhla	Various - Round 2		0
1:03.77	461	F	14/11/20	Tighinn Comhla	Various - Round 1		0
59.74	561	H	14/12/19	Scottish National Short Course Championships	Edinburgh	Co Glasgow	2
1:00.58	538	H	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	Co Glasgow	2
1:02.29	495	H	08/12/17	Scottish National Short Course Open Champs	Edinburgh	Co Glasgow	2

1:09.30	359	H	28/08/16	2016 SASA West District SR Champs	Glasgow	Lanark	1
1:07.93	381	F	01/05/16	Haddington Total Swim Meet	Prestonpans	Lanark	2
1:14.49	289	F	30/08/15	SASA West District SR Championships	Ayr	Lanark	1
1:14.12	293	H	30/08/15	SASA West District SR Championships	Ayr	Lanark	1
1:14.48	289	F	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	Lanark	2
1:21.94	217	H	07/09/14	2014 SASA West District SC SR Championships	Bellshill	Lanark	2
1:25.46	191	F	04/05/14	Haddington Total Swimmer Meet	Prestonpans	Lanark	2