

# Individual Best Times (All Time)

Mark Ford - (932142) - Lanark - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
23.91	599		07/12/18	Scottish National Short Course Open Swimming	Edinburgh	Co Glasgow	2
24.21	577	F	28/11/20	Tighinn Comhla	Various - Round 2		0
25.13	516	H	04/11/18	North District Open Championships 2018	Aberdeen	Co Glasgow	2
25.28	507	F	14/11/20	Tighinn Comhla	Various - Round 1		0
26.18	456	H	05/11/17	North District Open Championships 2017	Inverness	Co Glasgow	1
26.43	443	H	27/08/16	2016 SASA West District SR Champs	Glasgow	Lanark	1
26.86	422	F	27/08/16	2016 SASA West District SR Champs	Glasgow	Lanark	1
28.15	367	F	01/05/16	Haddington Total Swim Meet	Prestonpans	Lanark	2
28.27	362	H	29/08/15	SASA West District SR Championships	Ayr	Lanark	1
28.73	345	F	29/08/15	SASA West District SR Championships	Ayr	Lanark	1
29.67	313	F	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	Lanark	2
29.97	304	H	15/02/15	Sharks Open Meet	Bellshill	Lanark	2
30.59	286	F	29/10/14	South Lanarkshire Schools	Larkhill		2
31.21	269	H	06/09/14	2014 SASA West District SC SR Championships	Bellshill	Lanark	2
35.02	190	F	04/05/14	Haddington Total Swimmer Meet	Prestonpans	Lanark	2
35.29	186	F	06/11/13	South Lanarkshire School Swimming Champs	Larkhall	Lanark	2

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