

Individual Best Times (All Time)

Daniel Cox - (930682) - The University Of Birmingham - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:00.08	690	H	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield		2
4:00.76	685	H	24/06/23	Hatfield SC Summer Meet 2023	Hatfield	Wycombe Dist	2
4:01.13	682	F	19/11/22	Guildford City SC Level 2 Winter Open	Guildford		2
4:02.12	673	H	17/12/23	Swim England Winter Championships 2023	Sheffield	Birm'ham Uni	2
4:02.27	672	F	06/11/22	SE South East Regional Winter SC Champs 2022	Winchester		2
4:02.43	671	H	04/12/22	National Winter Championships 2022	Sheffield	Wycombe Dist	2
4:03.16	665	F	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
4:03.39	663	F	16/10/21	Team Bath AS TYR Super Series	Millfield		2
4:05.53	645	H	03/12/21	Swim England National Winter Championships (25m)	Sheffield	Wycombe Dist	2
4:06.51	638	H	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	Birm'ham Uni	2
4:15.45	573	F	24/11/19	2019 Wycombe County & Regional Qualifier	Wycombe	Wycombe Dist	3
4:15.91	570	H	02/11/20	Wycombe District SC	Wycombe LC		0
4:17.43	560	H	07/11/21	SE South East Open/Junior Swimming Championships	Winchester	Wycombe Dist	2
4:20.01	543	F	17/11/19	Guildford City Winter Open Meet	Surrey Sports Park	Wycombe Dist	2
4:22.03	531	H	03/06/21	Wycombe	Wycombe		0
4:23.56	522	H	15/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Wycombe Dist	3
4:28.78	492	H	23/06/18	Hatfield Summer Meet 2018	Herts Sports Village	Wycombe Dist	2
4:31.97	475	F	19/11/17	Guildford City L2 Winter Meet	Guildford	Wycombe Dist	2
4:34.26	463	F	08/10/17	Maxwell October Meet	Aylesbury	Wycombe Dist	3
4:45.99	408	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Wycombe Dist	2
4:47.39	402	H	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	Wycombe Dist	2
4:51.90	384	F	02/10/16	Maxwell October 2016 L3 Meet	Aylesbury	Wycombe Dist	3
4:52.71	381	F	15/10/16	Wycombe District Inaugural Premier Meet	Wycombe	Wycombe Dist	2
4:59.16	357	F	03/04/16	Hatfield Spring Gala	Hatfield	Wycombe Dist	3
5:02.37	345	H	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Wycombe Dist	2
5:04.52	338	F	06/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	Wycombe Dist	3
5:10.17	282	F	04/10/15	Maxwell Swim Club October 2015 L2 Meet	Aylesbury	Wycombe Dist	3

5:19.47	293	F	04/10/15	Maxwell Swim Club October 2015 L2 Meet	Aylesbury	Wycombe Dist	
5:29.43	267	F	18/04/15	Ealing L3 April Open Meet 2015	Northolt	Wycombe Dist	3
5:35.92	252	F	17/01/15	Watford County Qualifier Open Meet	Watford	Wycombe Dist	3
5:45.46	231	F	23/11/14	Guildford City County Qualifier Meet	Guildford	Wycombe Dist	2
5:54.58	214	F	05/10/14	Maxwell Autumn Meet	Aylesbury	Wycombe Dist	3
5:55.60	212	H	06/12/14	Windsor Level 3 Open Meet	Maidenhead	Wycombe Dist	3

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