

Individual Best Times (All Time)

Ben Blowers - (930066) - Loughborough University Swimming - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:19.33	397	H	20/02/16	Norfolk County Championships 2016	Thetford	Co Norwich	2
5:30.35	359	F	23/09/15	UEA City of Norwich Club Championships 2015	Norwich	Co Norwich	4
6:39.16	203	F	26/09/13	UEA City of Norwich Club Championships	Norwich	Co Norwich	4
6:40.95	200	F	20/04/13	City of Milton Keynes SC Spring Open	Bletchley	Co Norwich	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:19.33	397	H	20/02/16	Norfolk County Championships 2016	Thetford	Co Norwich	2
5:30.35	359	F	23/09/15	UEA City of Norwich Club Championships 2015	Norwich	Co Norwich	4
6:39.16	203	F	26/09/13	UEA City of Norwich Club Championships	Norwich	Co Norwich	4
6:40.95	200	F	20/04/13	City of Milton Keynes SC Spring Open	Bletchley	Co Norwich	2