

Individual Best Times (All Time)

Menna Shirras - (926942) - Preston Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.51	369	H	26/11/16	Wigan BEST Future Stars Open Meet	Wigan	Preston	2
1:18.53	341	H	02/10/16	North Lancs L2 Age Groups & Champs	Blackpool	Preston	2
1:19.99	323	H	09/07/17	Preston Club Championships 2017	Preston	Preston	4
1:20.98	311	H	11/06/16	Preston Summer Spectacular 2016 Open Meet	Darwen	Preston	3
1:21.44	306	H	06/12/15	Preston Christmas Countdown 2015 L3 Open Meet	Darwen		3
1:26.86	252	F	18/10/14	Conwy County Aquatics Autumn Meet	Llandudno	Nofio Bangor	2
1:27.26	248	F	07/03/15	Gwynedd AA & B Grade Meet	Llandudno	Nofio Bangor	3
1:29.23	232	F	24/05/14	Swim Conway Whitsun Meet	Llandudno	Nofio Bangor	2
1:30.14	225	F	11/05/14	Swim Wales North Region Junior Development Meet	Llandudno	Nofio Bangor	4
1:32.41	209	H	02/02/14	Swim Wales North Region Championships	Llandudno	Nofio Bangor	2
1:32.83	206	F	22/02/14	Menai Graded Meet AA & B	Bangor	Nofio Bangor	4
1:33.15	204	F	02/02/14	Swim Wales North Region Championships	Llandudno	Nofio Bangor	2
1:34.07	198	F	08/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	Nofio Bangor	4

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