Individual Best Times (All Time)

Benjamin Bolton - (926889) - Worthing Swimming Club - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 33.23 | 294 | F | 10/07/21 | Worthing SC Sprint Championships | Worthing | | 4 |
| 33.27 | 293 | F | 05/01/20 | Littlehampton Splash Open 2020 | Bognor Regis | Worthing SC | 3 |
| 33.51 | 287 | F | 15/06/19 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 33.72 | 281 | F | 08/09/19 | Atlantis Slash N Dash Level 3 Open Meet | Horsham | Worthing SC | 3 |
| 34.16 | 271 | F | 06/01/19 | Littlehampton S.C. January Splash Meet 2019 | Bognor Regis | Worthing SC | 3 |
| 35.26 | 246 | F | 16/06/18 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 37.11 | 211 | F | 07/01/18 | Littlehampton Splash into 2018 | Arun | Worthing SC | 3 |
| 37.56 | 203 | F | 18/06/22 | Worthing SC Sprint Championships | Worthing | | 4 |
| 38.38 | 191 | F | 14/01/17 | Tom Handley Open Meet | Brighton | Worthing SC | 3 |
| 38.42 | 190 | F | 22/04/17 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 39.13 | 180 | F | 23/04/16 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 39.49 | 175 | F | 25/09/16 | Littlehampton County Qualifier | Littlehampton | Worthing SC | 3 |
| 42.53 | 140 | F | 11/04/15 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 42.95 | 136 | F | 12/09/15 | Brighton Ken Deeley Open | Brighton | Worthing SC | 3 |
| 43.40 | 132 | F | 28/09/14 | Littlehampton Development Chaser Open Meet | Bognor Regis | Worthing SC | 3 |
| 43.77 | 128 | F | 11/10/14 | National Swimming Arena South 2014 R1 | Waterlooville | Worthing SC | 3 |
| 43.81 | 128 | F | 13/09/14 | Ken Deeley 50m Sprint Meet | Brighton | Worthing SC | 3 |
| 43.92 | 127 | F | 13/12/14 | NASLS2014 Round Three | Southampton | Worthing SC | 3 |
| 44.94 | 119 | F | 04/01/15 | Littlehampton Splash 2015 | Bognor Regis | Worthing SC | 3 |
| 45.30 | 116 | F | 26/04/14 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 48.85 | 92 | F | 28/10/13 | Sussex Development Galas | Brighton | Worthing SC | 3 |
| 58.67 | 53 | F | 27/04/13 | Worthing SC Age Group Competition | Worthing | Worthing SC | 4 |
| 1:03.06 | 43 | F | 19/11/12 | Worthing Club Championships | Worthing | Worthing SC | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------------|--------|-------|------|------|------------------|-----------------|-------|
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| | | | | | | | Page 2 / 2 |
|---------|-----|---|----------|---|---------------|-------------|------------|
| 37.56 | 203 | F | 18/06/22 | Worthing SC Sprint Championships | Worthing | | 4 |
| 33.23 | 294 | F | 10/07/21 | Worthing SC Sprint Championships | Worthing | | 4 |
| 33.27 | 293 | F | 05/01/20 | Littlehampton Splash Open 2020 | Bognor Regis | Worthing SC | 3 |
| 33.72 | 281 | F | 08/09/19 | Atlantis Slash N Dash Level 3 Open Meet | Horsham | Worthing SC | 3 |
| 33.51 | 287 | F | 15/06/19 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 34.16 | 271 | F | 06/01/19 | Littlehampton S.C. January Splash Meet 2019 | Bognor Regis | Worthing SC | 3 |
| 35.26 | 246 | F | 16/06/18 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 37.11 | 211 | F | 07/01/18 | Littlehampton Splash into 2018 | Arun | Worthing SC | 3 |
| 38.42 | 190 | F | 22/04/17 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 38.38 | 191 | F | 14/01/17 | Tom Handley Open Meet | Brighton | Worthing SC | 3 |
| 39.49 | 175 | F | 25/09/16 | Littlehampton County Qualifier | Littlehampton | Worthing SC | 3 |
| 39.13 | 180 | F | 23/04/16 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 42.95 | 136 | F | 12/09/15 | Brighton Ken Deeley Open | Brighton | Worthing SC | 3 |
| 42.53 | 140 | F | 11/04/15 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 44.94 | 119 | F | 04/01/15 | Littlehampton Splash 2015 | Bognor Regis | Worthing SC | 3 |
| 43.92 | 127 | F | 13/12/14 | NASLS2014 Round Three | Southampton | Worthing SC | 3 |
| 43.77 | 128 | F | 11/10/14 | National Swimming Arena South 2014 R1 | Waterlooville | Worthing SC | 3 |
| 43.40 | 132 | F | 28/09/14 | Littlehampton Development Chaser Open Meet | Bognor Regis | Worthing SC | 3 |
| 43.81 | 128 | F | 13/09/14 | Ken Deeley 50m Sprint Meet | Brighton | Worthing SC | 3 |
| 45.30 | 116 | F | 26/04/14 | Worthing Age Group Competition | Worthing | Worthing SC | 4 |
| 48.85 | 92 | F | 28/10/13 | Sussex Development Galas | Brighton | Worthing SC | 3 |
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