

Individual Best Times (All Time)

Joshua Cruz - (926212) - Royal Tunbridge Wells Monson SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------------|-----------------|-------|
| 56.13 | 509 | F | 08/10/16 | NASL South | High Wycombe | RTW Monson | 3 |
| 56.48 | 500 | H | 20/12/15 | Basildon & Phoenix Last Chance County Qualifier | Basildon | RTW Monson | 3 |
| 56.67 | 495 | F | 03/12/16 | RTW Monson Club Championships | Tunbridge Wells | RTW Monson | 4 |
| 56.96 | 487 | H | 01/10/16 | Cambridge Grand Prix Regional & National Qualifier | Cambridge | RTW Monson | 2 |
| 57.24 | 480 | F | 10/12/16 | NASLS - Round 3 | Beckenham | RTW Monson | 3 |
| 57.63 | 471 | F | 05/12/15 | Royal Tunbridge Wells Monson Club Championships | Tunbridge Wells | RTW Monson | 4 |
| 57.81 | 466 | F | 26/04/15 | Atlantis Horsham 2015 Spring Open | Horsham | | 3 |
| 57.93 | 463 | F | 12/11/16 | NASLS Round 2 | Waterlooville | RTW Monson | 3 |
| 58.85 | 442 | H | 07/03/15 | 2015 Kent County Swimming Championships | Gillingham | | 2 |
| 1:00.63 | 404 | H | 06/12/14 | Gravesend & Northfleet Open Meet 2014 | Gillingham | | 3 |
| 1:01.88 | 380 | H | 22/11/14 | RTW Monson Club Championships | Tunbridge Wells | RTW Monson | 4 |
| 1:07.45 | 293 | F | 06/07/13 | Terry Fitzgerald Memorial Open Meet | Hastings | RTW Monson | 3 |
| 1:08.31 | 282 | | 20/10/13 | Romford Town SC 7th SC Meet | Enfield | RTW Monson | 3 |
| 1:15.90 | 206 | H | 06/01/13 | Bexley SC Short Course Open Meet | Bexleyheath | RTW Monson | 3 |
| 1:17.11 | 196 | | 21/10/12 | Romford Town SC 6th SC Open Meet | Romford | RTW Monson | 3 |
| 1:17.81 | 191 | H | 04/11/12 | Dartford District SC L4 Open Meet | Gillingham | RTW Monson | 4 |
| 1:26.19 | 140 | F | 06/05/12 | Atlantis Spring Open Meet | Horsham | RTW Monson | 3 |
| 1:29.94 | 123 | H | 29/01/12 | Cranleigh January Open Meet | Cranleigh | RTW Monson | 4 |

Swims in Date Order

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