

# Individual Best Times (All Time)

Daniel Ahmed - (925302) - Soundwell SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.76	515	F	01/12/18	Soundwell County Qualifier Open Meet 2018	Gloucester	Soundwell	3
4:55.52	501	F	24/01/18	Gloucester County Championships	Gloucester	Soundwell	2
4:57.46	491	F	11/02/17	Gloucester County Championships	Gloucester	Soundwell	2
5:04.49	458	F	02/04/17	Gloucester City Spring Meet 2017	Gloucester	Soundwell	2
5:08.56	440	F	26/11/16	Soundwell County Qualifier Open Meet 2016	Gloucester	Soundwell	3
5:16.50	408	F	28/11/15	Soundwell County Qualifier Open Meet 2015	Gloucester	Soundwell	3
5:17.83	403	F	30/01/16	Gloucester County ASA Championships	Gloucester	Soundwell	2
5:18.02	402	F	19/12/15	City of Bristol Level 2 Open Meet	Hengrove Park	Soundwell	2
5:40.93	326	F	12/04/15	Gloucester City Level 2 April Open Meet	Gloucester	Soundwell	2
5:46.57	311	F	07/02/15	Gloucestershire County Championships	Gloucester	Soundwell	2
5:53.45	293	F	29/11/14	Soundwell County Qualifier Meet	Gloucester	Soundwell	3
6:07.69	260	F	13/07/14	Gloucester City SC Level 3 July Open Meet	Gloucester	Soundwell	3
6:13.62	248	F	11/05/14	Gloucester City L2 Open Meet	Gloucester	Soundwell	2
6:29.29	219	H	19/04/14	Weston 12th Easter Open Meet	Weston	Soundwell	3

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