

Individual Best Times (All Time)

Cameron Polak - (924266) - Tigers SC (Jersey) Ltd - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
52.51	622	H	06/07/19	Natwest International Island Games XVIII	Gibraltar		2
52.51	622	H	10/07/19	Natwest International Island Games XVIII	Gibraltar		2
52.53	621	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	TigersJersey	2
52.77	613	F	24/03/19	JASA Island Championships Series (1 of 3) 2019	Les Quennevais	TigersJersey	3
52.93	607	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	TigersJersey	2
53.19	599	F	30/06/19	Calligo Tigers Club Championships	Haute Vallee School	TigersJersey	4
53.81	578	F	15/12/18	51st Jersey Open Age Group Swimming Championships	HAUTE VALLEE	TigersJersey	3
53.82	578	F	25/11/18	CHANNEL ISLAND CLOSED SWIMMING CHAMPS	LES QUENNEVAIS	TigersJersey	2
54.11	569	F	17/02/19	Calligo Tigers Club Championships	Jersey	TigersJersey	4
54.23	565	F	28/10/18	Calligo Tigers Annual Autumn Open Meet 2018	St Brelade, Jersey	TigersJersey	2
56.16	508	F	25/03/18	Island Championships Series (1 of 3) 2018	Haute Vallee School	TigersJersey	3
56.38	503	F	04/03/18	Calligo Tigers Club Championships	Jersey	TigersJersey	4
56.70	494	F	22/04/17	Island Championships Series (1 of 2) 2017	Jersey	TigersJersey	3
57.12	483	F	22/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	TigersJersey	2
57.14	483	F	06/05/17	The Specsavers Meet 2017	Guernsey	TigersJersey	2
58.03	461	F	11/06/17	Walkers Tiger Club Championships	Jersey	TigersJersey	4
58.38	453	F	05/10/19	Jersey & Guernsey Inter Insular 2019	Haute Vallee		4
59.14	435	F	01/10/17	JASA Inter Insular 2017	St Helier		4
59.18	434	F	10/12/16	NASLS - Round 3	Burgess Hill	TigersJersey	3
59.26	433	F	26/11/17	Channel Island Closed Swimming Championships 2017	Guernsey	TigersJersey	2
59.68	424	F	27/11/16	Channel Island Closed Swimming Championships	Les Quennevais	TigersJersey	3
59.93	418	F	23/10/16	Walkers Tigers Annual Autumn Open Meet 2016	St Brelade	TigersJersey	2
1:00.59	405	F	12/11/16	NASLS Round 2	Burgess Hill	TigersJersey	3
1:01.29	391	F	13/11/16	49th Jersey Open Age Group Swimming Champs	Jersey	TigersJersey	3
1:02.15	375	F	18/06/16	The Specsavers Open Meet 2016	Guernsey	TigersJersey	2
1:02.27	373	F	08/10/16	NASL South	Bracknell	TigersJersey	3
1:03.43	370	F	11/02/16	Walkers Tigers Club Championships Feb 2016	St Helier	TigersJersey	4

1:02.42	370	F	14/02/16	Walkers Tigers Club Championships Feb 2016	St. Helier	TigersJersey	
1:02.43	370	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	TigersJersey	2
1:04.24	340	F	25/10/15	Walkers Tigers 34th Autumn Open Meet 2015	Jersey	TigersJersey	2
1:04.25	339	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	TigersJersey	3
1:06.15	311	F	26/04/15	Jersey Island Championships Series 1 of 2 2015	Jersey	TigersJersey	3
1:07.27	296	H	08/03/15	Hampshire County ASA Championships	Waterlooville	Jersey	1
1:08.33	282	F	08/03/15	Hampshire County ASA Championships	Waterlooville	Jersey	1
1:08.63	278	F	23/05/15	The Specsavers Open Meet	Guernsey	TigersJersey	2
1:09.02	274	F	17/06/14	Jersey Club Championships	Langford	Jersey	4
1:09.46	269	F	14/06/14	Jersey 14th Summer Graded Sprint Meet	Jersey	Jersey	3
1:10.45	257	F	02/02/14	Jersey 4th Winter Splash	Haute Valle	Jersey	4
1:10.58	256	F	26/10/14	Walkers Tigers 33rd Open Meet	Jersey	Jersey	2
1:10.66	255	F	06/07/14	Jersey SC 5th Summer Splash 2014	Jersey	Jersey	4
1:10.94	252	F	15/02/14	Jersey Island Championships Series (1 of 3)	Haute Vallee	Jersey	3
1:11.33	248	F	12/04/14	Tigers (Jersey) Easter Open Meet 2014	Haute Vallee	Jersey	3
1:12.07	240	F	30/11/14	48th Island Open Age Group Championships	Jersey	Jersey	2
1:12.11	240	F	28/06/14	Beau Sejour Barracudas Specsavers Open Meet	Guernsey	Jersey	2
1:14.03	222		08/03/14	Hampshire County Championships	Waterlooville	Jersey	2
1:15.41	210	F	26/01/14	The Channel Islands Closed Swimming Champ	Les Queinevais	Jersey	2
1:16.25	203	F	27/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Jersey	2
1:18.69	185	F	07/07/13	Jersey 4th Summer Splash Meet	Jersey	Jersey	4
1:20.00	176	F	18/06/13	Jersey SC Club Championships	Langford	Jersey	4
1:20.16	175	F	14/12/13	47th Jersey Open Age Group Meet	Jersey	Jersey	2
1:20.28	174	F	15/06/13	Jersey SC 14th Summer Graded Sprint Meet 2013	Jersey	Jersey	3
1:20.46	173	F	29/06/13	The Specsavers Open Meet 2013	Guernsey	Jersey	3
1:25.08	146	F	06/04/13	Tigers 4 Way Meet	Les Quennevais	Jersey	3
1:29.09	127	F	15/12/12	Jersey SC 45th Annual Age Group Champs	Jersey	Jersey	3

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