

# Individual Best Times (All Time)

Cameron Polak - (924266) - Tigers SC (Jersey) Ltd - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:02.36	465	F	05/10/19	Jersey & Guernsey Inter Insular 2019	Haute Vallee		4
1:02.52	461	F	29/09/18	Guernsey Inter-Insular 2018	Guernsey		4
1:03.59	439	F	04/03/18	Calligo Tigers Club Championships	Jersey	TigersJersey	4
1:03.86	433	F	11/06/17	Walkers Tiger Club Championships	Jersey	TigersJersey	4
1:03.94	431	F	12/11/17	50th Jersey Open Age Group Swimming Championships	Haute Vallee		3
1:07.03	374	F	01/10/17	JASA Inter Insular 2017	St Helier		4
1:07.58	365	F	03/07/16	Walkers Tigers Club Championships July 2016	Jersey	TigersJersey	4
1:08.33	353	F	24/04/16	JASA Island Championships Series (1of2)	Jersey	TigersJersey	3
1:08.73	347	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	TigersJersey	2
1:10.59	320	F	22/10/16	Walkers Tigers Annual Autumn Open Meet 2016	St Brelade	TigersJersey	2
1:10.85	317	F	18/06/16	The Specsavers Open Meet 2016	Guernsey	TigersJersey	2
1:11.56	308	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	TigersJersey	2
1:11.68	306	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	TigersJersey	3
1:11.69	306	F	10/10/15	Jersey ASA Inter Insular 2015	Jersey		4
1:12.00	302	F	24/10/15	Walkers Tigers 34th Autumn Open Meet 2015	Jersey	TigersJersey	3
1:16.32	253	H	08/03/15	Hampshire County ASA Championships	Waterlooville	Jersey	1
1:19.00	228	F	23/05/15	The Specsavers Open Meet	Guernsey	TigersJersey	2
1:19.68	223	F	25/10/14	Walkers Tigers 33rd Open Meet	Jersey	Jersey	2
1:20.07	219	F	25/04/15	Jersey Island Championships Series 1 of 2 2015	Jersey	TigersJersey	3
1:22.04	204	F	30/11/14	48th Island Open Age Group Championships	Jersey	Jersey	2
1:22.24	202	F	12/04/14	Tigers (Jersey) Easter Open Meet 2014	Haute Vallee	Jersey	3
1:23.44	194	F	14/06/14	Jersey 14th Summer Graded Sprint Meet	Jersey	Jersey	3
1:25.36	181	F	02/02/14	Jersey 4th Winter Splash	Haute Valle	Jersey	4
1:25.63	179	F	28/06/14	Beau Sejour Barracudas Specsavers Open Meet	Guernsey	Jersey	2
1:25.65	179	F	04/03/14	Jersey Club Championships	Langford	Jersey	4
1:25.82	178	F	06/07/14	Jersey SC 5th Summer Splash 2014	Jersey	Jersey	4
1:26.08	174	F	15/02/14	Jersey Island Championships Series (1 of 2)	Haute Vallee	Jersey	3

1:20.90	171	F	15/02/14	Jersey Island Championships Series (1 of 3)	Haute Vallee	Jersey	3
1:27.73	167	F	25/01/14	The Channel Islands Closed Swimming Champ	Les Queinevais	Jersey	2
1:32.75	141	F	14/12/13	47th Jersey Open Age Group L3 Meet	Jersey	Jersey	3
1:34.46	133	F	15/06/13	Jersey SC 14th Summer Graded Sprint Meet 2013	Jersey	Jersey	3
1:34.72	132	F	26/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Jersey	3
1:36.54	125	F	07/07/13	Jersey 4th Summer Splash Meet	Jersey	Jersey	4
1:36.68	124	F	29/06/13	The Specsavers Open Meet 2013	Guernsey	Jersey	3
1:40.60	110	F	15/12/12	Jersey SC 45th Annual Age Group Champs	Jersey	Jersey	2

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