

# Individual Best Times (All Time)

Cameron Polak - (924266) - Tigers SC (Jersey) Ltd - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.08	327	F	03/07/16	Walkers Tigers Club Championships July 2016	Jersey	TigersJersey	4
33.14	296	F	26/11/16	Channel Island Closed Swimming Championships	Les Quennevais	TigersJersey	3
33.39	290	H	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	TigersJersey	2
33.99	275	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	TigersJersey	3
34.56	261	F	24/10/15	Walkers Tigers 34th Autumn Open Meet 2015	Jersey	TigersJersey	2
35.46	242	H	08/03/15	Hampshire County ASA Championships	Waterlooville	Jersey	1
35.89	233	F	23/05/15	The Specsavers Open Meet	Guernsey	TigersJersey	2
36.40	224	F	25/04/15	Jersey Island Championships Series 1 of 2 2015	Jersey	TigersJersey	3
37.52	204	F	25/10/14	Walkers Tigers 33rd Open Meet	Jersey	Jersey	2
37.66	202	F	30/11/14	48th Island Open Age Group Championships	Jersey	Jersey	2
38.01	196	F	14/06/14	Jersey 14th Summer Graded Sprint Meet	Jersey	Jersey	3
38.39	191	F	28/06/14	Beau Sejour Barracudas Specsavers Open Meet	Guernsey	Jersey	2
38.62	187	F	02/02/14	Jersey 4th Winter Splash	Haute Valle	Jersey	4
39.05	181	F	11/05/14	Jersey Island Championships (2) 2014	Jersey	Jersey	3
39.12	180	F	06/07/14	Jersey SC 5th Summer Splash 2014	Jersey	Jersey	4
39.20	179	F	04/02/14	Jersey Club Championships	Langford	Jersey	4
39.43	176		08/03/14	Hampshire County Championships	Waterlooville	Jersey	2
41.76	148	F	25/01/14	The Channel Islands Closed Swimming Champ	Les Queinevais	Jersey	2
43.19	134	F	14/12/13	47th Jersey Open Age Group L3 Meet	Jersey	Jersey	3
43.32	132	F	15/06/13	Jersey SC 14th Summer Graded Sprint Meet 2013	Jersey	Jersey	3
43.32	132	F	26/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Jersey	3
43.68	129	F	09/11/13	Tigers (Jersey) SC 24th Up and Comers	Les Quennevais	Jersey	3
44.00	126	F	19/05/13	JASA Island Championships Series	Haute Valle	Jersey	4
44.91	119	F	24/02/13	Jersey SC 3rd Winter Splash	Langford	Jersey	4
45.07	118	F	29/06/13	The Specsavers Open Meet 2013	Guernsey	Jersey	3
45.16	117	F	07/07/13	Jersey 4th Summer Splash Meet	Jersey	Jersey	4
46.07	100	F	15/12/12	Jersey SC 15th Annual Age Group Champs	Jersey	Jersey	2

46.27	109	F	15/12/12	Jersey SC 45th Annual Age Group Champs	Jersey	Jersey	3
47.78	99	F	05/02/13	Jersey SC Club Championships	Langford	Jersey	4
50.14	85	F	29/01/12	Jersey Winter Splash (Closed)	Langford	Jersey	4
53.56	70	F	10/11/12	AIB Tigers 23rd Up & Comers	Jersey	Jersey	3

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