

Individual Best Times (All Time)

Caitlin Day - (924077) - Basildon and Phoenix SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.77	608	H	20/01/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	2
2:39.86	596	H	04/11/18	Swim England East Region Short Course Championship	Luton	Basildon Ph	2
2:40.09	593	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
2:40.77	586	F	17/11/18	Team Bath AS Autumn Meet	Bristol	Basildon Ph	2
2:41.64	577	F	04/11/18	Swim England East Region Short Course Championship	Luton	Basildon Ph	2
2:41.81	575	H	27/11/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
2:43.55	557	H	29/09/18	BPSC Season Opener 2018	Basildon	Basildon Ph	3
2:43.94	553	H	16/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
2:44.07	551	H	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
2:44.10	551	H	30/09/17	BPSC Season Opener 2017	Basildon	Basildon Ph	3
2:44.52	547	H	17/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Basildon Ph	3
2:44.66	545	H	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	Basildon Ph	2
2:45.83	534	H	30/10/16	Essex Senior Winter Championships 2016	Basildon	Basildon Ph	2
2:46.02	532	H	06/11/16	East Swimming 2016 SC Championships	Luton	Basildon Ph	2
2:46.67	526	H	24/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
2:47.02	523	H	19/11/22	BUCS Short Course 2022-23	Sheffield		2
2:47.03	522	H	27/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
2:49.47	500	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
2:49.62	499	H	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
2:50.03	495	H	29/11/15	Basildon & Phoenix Club Championships 2015	Basildon		4
2:50.47	491	H	25/10/15	Essex Senior Short Course Championships 2015	Basildon		2
2:50.68	490	H	20/11/21	BUCS Short Course Swimming	Sheffield		2
2:53.02	470	H	14/02/15	Essex County Age Group Championships 2015	Basildon		2
3:00.46	414	H	29/11/14	Essex Senior Junior Championships	Basildon		2
3:01.62	406	H	03/01/15	Basildon & Phoenix Winter Meet	Basildon		2
3:02.73	399	F	23/11/14	Guildford City County Qualifier Meet	Guildford	Basildon Ph	2
3:03.01	398	H	20/02/14	Essex County Age Group Championships	Basildon	Basildon Ph	2

3:05.21	390	H	29/03/14	Essex County Age Groups Championships	Basildon	Basildon Ph	
3:03.84	392	H	20/12/14	Basildon & Phoenix Club Championships 2014	Basildon		4
3:11.26	348	H	10/05/14	Braintree & Bocking Spring Festival	Braintree	Basildon Ph	3
3:11.64	346	H	07/12/13	Basildon & Phoenix SC Club Championships	Basildon	Basildon Ph	4
3:14.59	330	H	11/01/14	Basildon & Phoenix Last Chance County	Basildon	Basildon Ph	3
3:31.05	259	H	14/07/13	Basildon & Phoenix End of Season Meet	Basildon	Basildon Ph	3
3:37.62	236	H	02/12/12	Thurrock SC County Qualifier	Thurrock	Basildon Ph	3
3:38.79	232	F	06/01/13	Redbridge Winter Meet 2013	Barkingside	Basildon Ph	3

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