

Individual Best Times (All Time)

Caitlin Day - (924077) - Basildon and Phoenix SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.28	591	H	03/11/18	Swim England East Region Short Course Championship	Luton	Basildon Ph	2
1:14.37	589	F	19/01/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	2
1:14.47	587	F	20/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
1:15.06	573	H	19/01/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	2
1:15.14	571	H	20/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
1:15.47	564	H	15/12/18	BPSC Last Chance County Qualifier 2018	Basildon	Basildon Ph	3
1:15.78	557	F	10/11/18	The NASL - London - Rounds 2018 - Premier Division	Luton	Basildon Ph	2
1:15.90	554	H	21/10/17	BPSC Sprint Event 2017	Basildon	Basildon Ph	3
1:16.03	551	F	11/11/17	NASL - London Rounds 2017 - Premier Division	Harlow	Basildon Ph	2
1:16.24	547	H	16/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
1:16.40	543	H	06/07/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
1:16.41	543	F	09/12/17	NASL - London Rounds 2017 - Premier Division	Luton	Basildon Ph	2
1:17.55	519	H	30/09/17	BPSC Season Opener 2017	Basildon	Basildon Ph	3
1:17.90	512	H	29/10/16	Essex Senior Winter Championships 2016	Basildon	Basildon Ph	2
1:17.90	512	H	17/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Basildon Ph	3
1:17.91	512	F	10/12/16	NASL London	Luton	Basildon Ph	3
1:18.13	508	H	01/12/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
1:18.41	503	H	05/11/16	East Swimming 2016 SC Championships	Luton	Basildon Ph	2
1:18.57	499	F	08/10/16	NASL London	Hatfield	Basildon Ph	3
1:18.66	498	H	02/12/16	Basildon & Phoenix Club Championships 2016	Basildon	Basildon Ph	4
1:19.07	490	H	07/11/15	ASA East Region Winter Championships 2015	Luton		2
1:19.23	487	F	12/11/16	NASL London	Harlow	Basildon Ph	3
1:19.35	485	H	21/11/21	BUCS Short Course Swimming	Sheffield		2
1:19.85	476	H	24/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
1:20.32	468	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon		2
1:20.43	466	F	12/12/15	National Arena League-London Premier Div-Round123	Watford	Basildon Ph	2
1:20.78	464	F	24/10/15	Essex Senior Short Course Championships 2015	Basildon		2

1:20.70	481	F	24/10/13	Essex Senior Short Course Championships 2013	Basildon			
1:21.16	453	H	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon			2
1:22.23	436	H	14/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon			3
1:22.64	429	F	10/10/15	National Arena League-London Premier Div-Round123	Harlow	Basildon Ph		2
1:22.79	427	H	18/04/15	Essex & Regional Qualifier	Thurrock			3
1:23.67	414	F	08/11/14	NASL London Rounds Division 1 & 2	Basildon	Basildon Ph		3
1:24.68	399	H	31/01/15	Essex County Age Group Championships 2015	Southend			2
1:24.70	399	F	31/01/15	Essex County Age Group Championships 2015	Southend			2
1:24.88	396	H	26/10/14	Basildon & Phoenix Autumn Meet	Basildon			3
1:25.01	394	F	13/12/14	NASL London Round Division 1&2	Luton	Basildon Ph		3
1:25.09	393	H	29/11/14	Essex Senior Junior Championships	Basildon			2
1:26.29	377	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon			2
1:27.03	367	H	19/12/14	Basildon & Phoenix Club Championships 2014	Basildon			4
1:27.38	363	H	16/03/14	Essex County Championships	Basildon	Basildon Ph		2
1:28.23	353	H	10/05/14	Braintree & Bocking Spring Festival	Braintree	Basildon Ph		3
1:30.89	322	H	12/01/14	Basildon & Phoenix Last Chance County	Basildon	Basildon Ph		3
1:32.35	307	H	06/12/13	Basildon & Phoenix SC Club Championships	Basildon	Basildon Ph		4
1:33.45	297	H	20/10/13	Basildon & Phoenix SC Autumn SC Meet	Basildon	Basildon Ph		3
1:37.58	260	F	20/04/13	London Borough of Redbridge Regional Meet	Barking	Basildon Ph		3
1:39.51	246	H	13/07/13	Basildon & Phoenix End of Season Meet	Basildon	Basildon Ph		3
1:39.86	243	H	29/03/13	Southend-on-Sea Easter Sprint Meet 2013	Southend-on-Sea	Basildon Ph		3
1:42.84	222	F	05/01/13	Redbridge Winter Meet 2013	Barkingside	Basildon Ph		3
1:45.53	206	H	01/12/12	Thurrock SC County Qualifier	Thurrock	Basildon Ph		3
1:48.81	188	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Basildon Ph		3
1:52.12	172		07/09/12	Runnymede SC Club Championships	Runnymede	Basildon Ph		4

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