

Individual Best Times (All Time)

Caitlin Day - (924077) - Basildon and Phoenix SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.78	542	H	21/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
35.01	532	H	04/11/18	Swim England East Region Short Course Championship	Luton	Basildon Ph	2
35.10	528	F	21/10/18	Essex Senior Winter Champs 2018	Basildon	Basildon Ph	2
35.13	526	H	24/11/17	BPSC Winter Club Champs 2017	Basildon	Basildon Ph	4
35.46	512	H	29/06/18	BPSC Club Champs 2018	Basildon	Basildon Ph	4
35.49	510	H	01/10/17	BPSC Season Opener 2017	Basildon	Basildon Ph	3
36.02	488	H	30/10/16	Essex Senior Winter Championships 2016	Basildon	Basildon Ph	2
36.03	488	H	19/11/22	BUCS Short Course 2022-23	Sheffield		2
36.40	473	H	20/11/21	BUCS Short Course Swimming	Sheffield		2
36.44	471	H	06/11/16	East Swimming 2016 SC Championships	Luton	Basildon Ph	2
36.79	458	H	25/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
36.98	451	F	25/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
37.00	450	H	25/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
37.21	443	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
37.22	442	H	25/10/15	Essex Senior Short Course Championships 2015	Basildon		2
37.28	440	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
37.54	431	H	27/11/15	Basildon & Phoenix Club Championships 2015	Basildon		4
38.47	401	H	04/07/15	Basildon & Phoenix Independence Day Novice Gala	Basildon		3
38.55	398	H	18/01/15	Essex County Age Group Championships 2015	Basildon		2
38.63	396	F	18/01/15	Essex County Age Group Championships 2015	Basildon		2
39.01	384	H	05/12/14	Basildon & Phoenix Club Championships	Basildon		4
39.03	384	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon		2
39.04	383	F	22/11/14	Guildford City County Qualifier Meet	Guildford	Basildon Ph	2
39.05	383	H	30/11/14	Essex Senior Junior Championships	Basildon		2
39.56	368	F	16/02/14	Essex County Age Groups Championships	Basildon	Basildon Ph	2
39.66	366	H	16/02/14	Essex County Age Groups Championships	Basildon	Basildon Ph	2
39.67	365	H	20/02/14	Basildon & Phoenix Autumn Meet	Basildon		2

39.07	303	H	20/09/14	Basildon & Phoenix Autumn Meet	Basildon		
40.38	346	H	21/06/14	Harlow Penguins 3rd Eric Shepherd Open Meet	Harlow	Basildon Ph	3
42.96	287	H	29/11/13	Basildon & Phoenix SC Club Championships	Basildon	Basildon Ph	4
42.96	287	H	29/11/13	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
43.89	270	H	29/06/13	Basildon & Phoenix SC Novice Gala	Basildon	Basildon Ph	4
44.05	267	H	28/09/13	Basildon & Phoenix Early Season Taster	Basildon	Basildon Ph	3
45.63	240	H	13/07/13	Basildon & Phoenix End of Season Meet	Basildon	Basildon Ph	3
49.12	192	H	01/12/12	Thurrock SC County Qualifier	Thurrock	Basildon Ph	3
50.00	182	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Basildon Ph	3
50.62	176	H	21/09/12	Runnymede SC Club Championships	Runnymede	Basildon Ph	4
57.43	120	H	14/07/12	Southend on Sea SC Mini Olympians Meet	Southend	Basildon Ph	3
58.74	112	F	26/05/12	Basildon & Phoenix Novice Gala	Basildon	Basildon Ph	4

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