

Individual Best Times (All Time)

Caitlin Day - (924077) - Basildon and Phoenix SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:35.22	593	H	01/10/17	BPSC Season Opener 2017	Basildon	Basildon Ph	3
4:35.41	592	H	17/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
4:36.25	586	H	18/12/16	BPSC Last Chance County Qualifier 2016	Basildon	Basildon Ph	3
4:43.30	544	H	25/09/16	BPSC Season Opener	Basildon	Basildon Ph	2
4:49.67	509	H	06/11/16	East Swimming 2016 SC Championships	Luton	Basildon Ph	2
4:51.56	499	H	20/12/15	Basildon & Phoenix Last Chance County Qualifier	Basildon	Basildon Ph	3
4:54.60	483	H	06/12/14	Basildon & Phoenix Club Championships	Basildon		4
4:54.94	482	H	26/10/14	Basildon & Phoenix Autumn Meet	Basildon		3
4:55.86	477	H	31/01/15	Essex County Age Group Championships 2015	Southend		2
4:56.73	473	H	30/11/14	Essex Senior Junior Championships	Basildon		2
4:57.47	470	H	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
4:58.22	466	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon		2
4:59.12	462	H	18/04/15	Essex & Regional Qualifier	Thurrock		3
5:12.21	406	H	12/01/14	Basildon & Phoenix Last Chance County	Basildon	Basildon Ph	3
5:27.45	352	H	20/10/13	Basildon & Phoenix SC Autumn SC Meet	Basildon	Basildon Ph	3
5:31.52	339	H	07/12/13	Basildon & Phoenix SC Club Championships	Basildon	Basildon Ph	4
5:47.88	293	H	14/07/13	Basildon & Phoenix End of Season Meet	Basildon	Basildon Ph	3

Swims in Date Order

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