

# Individual Best Times (All Time)

Caitlin Day - (924077) - Basildon and Phoenix SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.10	441	H	17/12/17	BPSC Last Chance County Qualifier	Basildon	Basildon Ph	3
1:13.16	422	H	30/10/16	Essex Senior Winter Championships 2016	Basildon	Basildon Ph	2
1:14.12	406	H	25/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
1:15.88	378	H	25/10/15	Essex Senior Short Course Championships 2015	Basildon		2
1:17.36	357	H	01/02/15	Essex County Age Group Championships 2015	Southend		2
1:17.46	355	H	15/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon		3
1:18.04	347	H	21/06/14	Harlow Penguins 3rd Eric Shepherd Open Meet	Harlow	Basildon Ph	3
1:18.66	339	H	16/03/14	Essex County Championships	Basildon	Basildon Ph	2
1:18.91	336	H	26/10/14	Basildon & Phoenix Autumn Meet	Basildon		3
1:20.52	316	H	12/01/14	Basildon & Phoenix Last Chance County	Basildon	Basildon Ph	3
1:24.07	278	H	20/10/13	Basildon & Phoenix SC Autumn SC Meet	Basildon	Basildon Ph	3
1:24.64	272	H	29/11/13	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
1:24.64	272	H	29/11/13	Basildon & Phoenix SC Club Championships	Basildon	Basildon Ph	4
1:25.76	262	H	13/07/13	Basildon & Phoenix End of Season Meet	Basildon	Basildon Ph	3
1:28.09	241	F	20/04/13	London Borough of Redbridge Regional Meet	Barking	Basildon Ph	3
1:29.81	228	H	29/03/13	Southend-on-Sea Easter Sprint Meet 2013	Southend-on-Sea	Basildon Ph	3
1:35.07	192	H	02/12/12	Thurrock SC County Qualifier	Thurrock	Basildon Ph	3
1:36.84	182	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Basildon Ph	3
1:37.03	181		07/09/12	Runnymede SC Club Championships	Runnymede	Basildon Ph	4
2:05.60	83	H	14/10/11	Runnymede Club Championships	Runnymede	Basildon Ph	4

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