

Individual Best Times (All Time)

Jack Sheffield - (923789) - Worsley SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:35.06	353	H	28/10/17	City of Salford Potential Olympians 2017	Broughton	Co Salford	3
2:36.92	340	H	22/07/17	City of Salford Summer Spectacular 2017	Broughton	Co Salford	3
2:38.21	332	H	22/09/17	City of Salford Club Championships 2017	Salford	Co Salford	4
2:40.05	321	H	26/11/16	Wigan BEST Future Stars Open Meet	Wigan	Co Salford	2
2:43.12	303	H	06/11/16	ASA North West Region Winter Championships	Manchester	Co Salford	2
2:43.61	300	H	04/03/17	Satellites of Macclesfield 30th Open Meet	Macclesfield	Co Salford	3
2:43.72	300	H	17/09/16	City of Salford Club Championships	Salford	Co Salford	4
2:45.54	290	H	16/07/16	City of Salford Summer Spectacular	Salford	Co Salford	3
2:46.06	287	H	02/04/16	City of Salford Regionals Last Chance Saloon	Salford	Co Salford	3
2:46.80	283	H	28/11/15	Wigan B.E.S.T SC Future Stars Open Meet	Wigan		2
2:47.07	282	H	20/12/14	City of Salford Club Championships	Salford		4
2:47.74	279	H	18/07/15	City of Salford Summer Spectacular	Salford		3
2:48.75	274	H	08/11/15	ASA North West Region Winter Championships	Liverpool		2
2:50.07	267	H	31/01/15	Greater Manchester Age Group Meet 2015	Wigan		3
2:51.54	261	H	19/09/15	City of Salford Club Championships 2015	Salford		4
2:52.40	257	H	24/09/16	ASA North East Regional Para-Swimming Champs	Harrogate	Co Salford	3
2:53.29	253	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Co Salford	2
2:53.42	252	H	26/10/14	ASANWR Disability Championships	Liverpool		3
2:54.54	247	F	05/07/14	IOMSA Microgaming Sprints Gala	Douglas		3
2:54.64	247	H	13/06/15	Salford's Making Waves Test Event 2	Salford		3
3:00.67	223	H	21/09/14	ASA North East Disabilities Meet	Harrogate		3
3:01.17	221	H	23/11/13	DSE National Short Course Meet	Sheffield	Co Salford	2
3:01.19	221	H	01/03/14	DSE National Junior & Youth Championships	Sheffield	Co Salford	2
3:05.50	206	H	20/12/13	City of Salford SC Club Championships 2013	Salford	Co Salford	4
3:07.08	201	H	20/07/13	City of Salford SC Summer Olympic	Salford	Co Salford	3
3:08.62	196	H	28/09/13	Greater Manchester Autumn Meet 2013	Manchester	Co Salford	3
3:10.65	188	H	22/06/13	Boston Guild Summer Spectacular Meet	Boston	Co Salford	2

3:10.66	190	H	23/06/13	Preston Guild Summer Spectacular Meet	Darwen	Co Salford	3
3:12.66	184	H	18/05/13	City of Salford SC Time Trials No 6	Salford	Co Salford	4
3:21.85	160	H	27/01/13	Bolton & Manchester District Age Group Com	Manchester	Co Salford	3
3:22.62	158	H	27/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	Co Salford	2
3:24.80	153	H	06/04/13	City of Salford Spring Meet	Salford	Co Salford	3
3:28.04	146	F	15/12/12	Wirral Metro Novice Meet	Birkenhead	Co Salford	3
3:33.26	135	H	22/12/12	City of Salford Club Championships	Salford	Co Salford	4
3:50.75	107	H	07/07/12	City of Salford SC Summer Spectacular	Salford	Co Salford	3

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