

Individual Best Times (All Time)

Jack Sheffield - (923789) - Worsley SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:49.72	241	H	10/01/15	Greater Manchester Age Group Meet 2015	Wigan		3
2:54.02	223	H	26/07/14	City of Salford Summer Spectacular 2014	Wigan		3
3:04.48	187	H	22/06/13	Preston Guild Summer Spectacular Meet	Darwen	Co Salford	3
3:05.25	185	H	20/07/13	City of Salford SC Summer Olympic	Salford	Co Salford	3
3:06.88	180	H	12/01/13	Bolton & Manchester District Age Group	Manchester	Co Salford	3
3:07.58	178	H	07/04/13	City of Salford Spring Meet	Salford	Co Salford	3
3:07.64	178	H	19/10/13	Greater Manchester Autumn Meet 2013	Manchester	Co Salford	3
3:07.87	177	H	26/05/13	Blackpool "Rocks" Level 3 Open Meet	Blackpool	Co Salford	3
3:07.91	177	H	03/11/13	City of Salford SC Potential Olympians 2013	Salford	Co Salford	2
3:08.54	175	H	28/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	Co Salford	2
3:16.02	156	H	28/10/12	City Of Salford SC Potential Olympians	Salford	Co Salford	2
3:16.69	154	H	21/10/12	Bolton & Manchester Championships 2012	Manchester	Co Salford	3
3:25.45	135	H	16/06/12	Preston Guild Summer Open	Preston	Co Salford	3
3:27.65	131	H	07/07/12	City of Salford SC Summer Spectacular	Salford	Co Salford	3

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