

Individual Best Times (All Time)

Jack Sheffield - (923789) - Worsley SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.88	303	H	29/10/17	City of Salford Potential Olympians 2017	Broughton	Co Salford	3
1:13.94	279	H	26/11/16	Wigan BEST Future Stars Open Meet	Wigan	Co Salford	2
1:15.40	263	H	05/11/16	ASA North West Region Winter Championships	Manchester	Co Salford	2
1:16.30	254	H	22/09/17	City of Salford Club Championships 2017	Salford	Co Salford	4
1:17.32	244	F	03/07/16	2016 Microgaming Isle of Man Summer Sprint	Isle of Man		3
1:17.93	238	H	24/09/16	ASA North East Regional Para-Swimming Champs	Harrogate	Co Salford	3
1:17.97	238	H	17/09/16	City of Salford Club Championships	Salford	Co Salford	4
1:18.08	237	H	03/04/16	City of Salford Regionals Last Chance Saloon	Salford	Co Salford	3
1:18.39	234	H	25/04/15	BMSS Spring Sprint Meet	Bolton		3
1:18.57	232	H	04/03/17	Satellites of Macclesfield 30th Open Meet	Macclesfield	Co Salford	3
1:18.88	230	H	07/11/15	ASA North West Region Winter Championships	Liverpool		2
1:19.14	227	H	02/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool		3
1:19.51	224	H	19/09/15	City of Salford Club Championships 2015	Salford		4
1:20.44	216	F	19/09/15	City of Salford Club Championships 2015	Salford		4
1:21.18	211	F	05/07/14	IOMSA Microgaming Sprints Gala	Douglas		3
1:21.95	205	H	26/10/14	ASANWR Disability Championships	Liverpool		3
1:22.10	203	H	18/07/15	City of Salford Summer Spectacular	Salford		3
1:23.08	196	H	19/12/14	City of Salford Club Championships	Salford		4
1:23.72	192	H	26/07/14	City of Salford Summer Spectacular 2014	Wigan		3
1:24.24	188	H	02/03/14	DSE National Junior & Youth Championships	Sheffield	Co Salford	2
1:24.88	184	H	21/09/14	ASA North East Disabilities Meet	Harrogate		3
1:27.61	167	H	02/11/13	City of Salford SC Potential Olympians 2013	Salford	Co Salford	2
1:27.70	167	H	23/11/13	DSE National Short Course Meet	Sheffield	Co Salford	2
1:29.08	159	H	20/07/13	City of Salford SC Summer Olympic	Salford	Co Salford	3
1:31.53	147	H	23/03/13	City of Salford Time Trials	Salford	Co Salford	4
1:33.49	138	H	28/10/12	City Of Salford SC Potential Olympians	Salford	Co Salford	2
1:33.88	136	H	22/10/12	City of Salford Club Championships	Salford	Co Salford	4

1:33.89	136	H	22/12/12	City of Salford Club Championships	Salford	Co Salford	4
1:33.90	136	F	22/12/12	City of Salford Club Championships	Salford	Co Salford	4
1:38.26	118	H	20/10/12	Bolton & Manchester Championships 2012	Manchester	Co Salford	3

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