

Individual Best Times (All Time)

James Long - (923659) - Kent Weald Swim Squad - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.69	338	H	15/10/21	Gravesend & Northfleet SC Club Championships 2021	Cygnets LC	Gravesend	4
1:11.96	321	H	14/07/21	Gravesend & Northfleet	Cygnets	Gravesend	0
1:14.18	293	H	05/10/19	Medway ASA Championships 2019	Gillingham	Gravesend	3
1:14.38	290	F	05/10/19	Medway ASA Championships 2019	Gillingham	Gravesend	3
1:17.00	262	H	12/07/19	GNSC Club Championships	Cygnets	Gravesend	4
1:20.59	228	H	06/04/19	22e meeting international de la vallee de l'Aa	Lumbres, France	Gravesend	3
1:21.11	224	H	15/09/18	Medway ASA CHampionships 2018	Gillingham	Gravesend	3
1:23.21	207	H	18/02/17	Medway ASA Championships 2017	Gillingham	Gravesend	4
1:23.91	202	H	26/09/17	Gravesend & Northfleet Club Champs	Strood	Gravesend	4
1:24.45	198	F	18/02/17	Medway ASA Championships 2017	Gillingham	Gravesend	4
1:28.25	174	H	29/10/16	Kent Development Meet 2016	Gillingham	Gravesend	3
1:28.93	170	H	01/05/16	Black Lion L3 Spring Open Meet	Gillingham	Gravesend	3
1:33.97	144	H	26/09/15	GNSC 2015 Club Championships	Gillingham	Gravesend	4
1:34.24	142	F	12/04/14	Medway ASA Championships 2014	Gillingham	Gravesend	4
1:34.32	142	H	07/12/14	Gravesend & Northfleet Open Meet 2014	Gillingham		3
1:38.07	126	H	07/09/14	Gravesend & Northfleet Club Championships	Gillingham		4
1:40.66	117	H	12/04/14	Medway ASA Championships 2014	Gillingham	Gravesend	4

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