

Individual Best Times (All Time)

James Long - (923659) - Kent Weald Swim Squad - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:42.56	322	H	20/09/19	GNSC Club Championships	Cygnets	Gravesend	4
6:18.00	239	H	24/09/17	Gravesend & Northfleet Club Champs	Strood	Gravesend	4

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