

Individual Best Times (All Time)

James Long - (923659) - Kent Weald Swim Squad - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:35.09	353	H	15/10/21	Gravesend & Northfleet SC Club Championships 2021	Cygnets LC	Gravesend	4
2:39.07	327	H	14/09/19	Medway ASA Championships 2019	Maidstone	Gravesend	3
2:46.95	283	H	21/07/19	GNSC Club Championships	Cygnets	Gravesend	4
2:47.74	279	H	16/12/18	TYR Festive Qualifier	Hartsdown	Gravesend	3
2:53.83	250	F	07/07/18	4th Beachfield Summer Open	Gillingham	Gravesend	3
3:09.97	192	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham		3
3:11.52	187	H	30/04/16	Black Lion L3 Spring Open Meet	Gillingham	Gravesend	3
3:14.51	179	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham		3
3:26.12	150	H	27/09/15	GNSC 2015 Club Championships	Gillingham	Gravesend	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:35.09	353	H	15/10/21	Gravesend & Northfleet SC Club Championships 2021	Cygnets LC	Gravesend	4
2:39.07	327	H	14/09/19	Medway ASA Championships 2019	Maidstone	Gravesend	3
2:46.95	283	H	21/07/19	GNSC Club Championships	Cygnets	Gravesend	4
2:47.74	279	H	16/12/18	TYR Festive Qualifier	Hartsdown	Gravesend	3
2:53.83	250	F	07/07/18	4th Beachfield Summer Open	Gillingham	Gravesend	3
3:09.97	192	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham		3
3:11.52	187	H	30/04/16	Black Lion L3 Spring Open Meet	Gillingham	Gravesend	3
3:26.12	150	H	27/09/15	GNSC 2015 Club Championships	Gillingham	Gravesend	4
3:14.51	179	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham		3